

Community Newsletter

WINTER EDITION

ISSUE 09



The Airedaler

Airedale, Ferry Fryston, Fryston & Townville

WELCOME TO OUR 9TH EDITION OF THE AIREDALER – A COMMUNITY NEWSLETTER FOR AIREDALE, FERRY FRYSTON, FRYSTON & TOWNVILLE.

WE INVITE YOU TO READ ON ABOUT YOUR LOCAL COMMUNITY.

OUR NEWSLETTER AIMS TO OFFER YOU THE LATEST NEWS ABOUT COMMUNITY, EDUCATION AND HEALTH AND WELLBEING.

IF YOU WOULD LIKE TO GET INVOLVED OR FEATURE IN OUR COMMUNITY NEWSLETTER, PLEASE CONTACT US VIA:

THEAIREDALER@GMAIL.COM

Local groups and activities

Moving More, Halloween and Christmas events

Wide range of support available



BUILDING PROSPERITY & OPPORTUNITY

OCTOBER 2025

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Moving More

3 issues a year

- Spring – to cover February, March & April
- Summer – to cover May – September
- Winter – to cover October– January

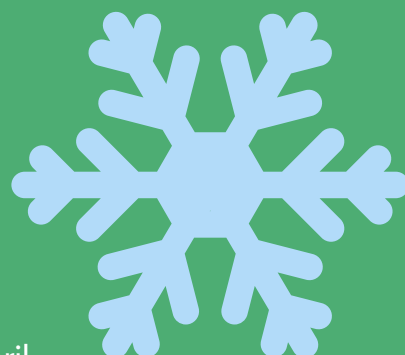
This ties into the school terms so the newsletter can cover activities happening for families during school holidays.

Submission deadlines 2025

- Spring – Monday 31st Jan – Newsletter goes out 17st Feb
- Summer – Monday 30th April – Newsletter goes out 14th May
- Winter – Tuesday 7th Oct– Newsletter goes out 14th Oct

If you'd like to submit anything for the newsletter, please email into **theairedaler@gmail.com**

Thank you !





COMMUNITY CONNECTOR

IN PARTNERSHIP WITH HEALTHY AND
SUSTAINABLE COMMUNITIES

**FREE TO PEOPLE LIVING WITHIN AIREDALE AND FERRY
FRYSTON**



As the CRT Community Connector and editor of *The Airedaler*, my purpose is simple: to bring people in Airedale closer to the services, groups, and support that can make a real difference in their lives. Made in partnership with the Airedale Neighbourhood Management Board- this Newsletter is here to share local stories, highlight helpful resources, and celebrate the amazing work happening in our community. Whether you're looking for support, seeking connection, or just curious about what's going on locally—The Airedaler is for you.

I'm here to help you connect with the support you need.

What I Offer:

- I can guide you to health services, housing help, local charities, and other community resources. My job is to make sure you can easily find the right support for you.
- I work with local groups and services to give you the best advice. Whether you need help with a specific issue or just want to know what's groups and activities are available, If you're not sure where to turn, I'm here to help you find the right place.
- If you're feeling isolated or anxious about attending a group or meeting, I can go with you for that first step. You don't have to face it alone.
- Free Vape starter kits for those 18+ who wish to stop smoking. No catch- all we ask is that we can contact you 4 weeks after receiving your vape kit to see if you've swapped.

I'm here to listen, help, and make sure you have what you need to improve your life.



chloe.smith@coalfields-regen.org.uk



Bowling Alley



Sports Hall



THE HUT

What's On

October 2025



3G Pitch



Monday

- 10:00-14:00 Street League (education) Bookable via Street League
- 13:30-15:30 Mad Monday's for over 55's (crafts, Games & bowling)
- 15:00-16:00 Street League - open access
- 15:30-17:00 Young carer group - (referral only) 13+ years (term time)
- 15:30-17:00 After School Club (age 5-11) - open access
- 17:00-20:00 Airedale Project (sports, games & bowling) [elite kids coaching community-sports](#)
- 19:00-20:00 Clubbercise Castleford with Claire. Bookable with Claire (07955 848952)
- 19:00-21:00 Castleford Sea Cadets (Activities & Sports) Bookable via Castleford Sea Cadets (07304 154116)

Tuesday

- 10:00-11:00 Over 60's movers dance with the tigers (Castleford Tigers Foundation) - open access
- 11:00-12:00 Walk rugby with the tigers (Castleford Tigers Foundation) - open access
- 10:00-14:00 Street League (Maths & English education) Bookable via Street League
- 15:30-17:30 Youth Roller Disco (age 11-16) - open access
- 16:00-18:00 Police Education, sports and games - open access - 21st October
- 16:00-18:00 Skateboarding (age 11-16) - open access
- 17:00-20:00 Airedale Project (sports, games & bowling) Bookable via Elite Kids Coaching [elite kids coaching community-sports](#)

Wednesday

16:30–18:00 Fryston Scouts. Bookable with Fryston Scouts

17:00–20:00 Airedale Project (sports, games & bowling) [elite kids](#)
[coaching community-sports](#)

19:15–20:15 Clubbercise Castleford with Claire. Bookable with Claire
(07955 848952)

Thursday

10:00–12:00 Walking cricket with Game On! – open access

10:00–14:00 Street League (education) Bookable via Street League

16:00–18:00 Skateboarding (age 11–16) Youth Hub

17:00–20:00 Airedale Project (sports, games & bowling) [elite kids](#)
[coaching community-sports](#)

Friday

10:30–12:30 In This Together – (women's health screening)

10:30–12:30 Dementia friendly bowling. Bookable via The Hut

16:00–17:00 Under 12's Roller Disco. Bookable via [Ticket Source](#)

17:15–18:15 Under 12's Roller Disco. Bookable via [Ticket Source](#)

17:30–19:00 Young Persons' Mental Health Group (last Friday of
every month) – open access

18:00–20:00 Game On! Football – open access

18:15–20:30 Over 12's Roller Disco. Bookable via [Ticket Source](#)

Saturday

10:00–11:00 Sportscool (multi-sports, age 4–11) – open access

12:00–13:00 Under 12's Roller Disco. Bookable via [Ticket Source](#)

13:30–14:30 Under 12's Roller Disco. Bookable via [Ticket Source](#)

15:00–16:00 Over 12's Roller Disco. Bookable via [Ticket Source](#)



Tel: 01977 722777
Email: thehut@wakefield.gov.uk
Kershaw Avenue, Airedale,
Castleford, WF10 3ES



Volunteering



Volunteer, Gain Experience and Earn Rewards!
Citizen Coin – The Home of Volunteering in Wakefield District.

Want to boost your confidence, make a difference, meet new people, or improve your job prospects? Citizen Coin is Wakefield's exciting new platform that connects you to lots of volunteering opportunities. Volunteer, develop valuable skills, and earn digital coins that give you discounts at local shops and businesses!

Join Citizen Coin and earn rewards here for the great things that you do!

www.citizencoin.uk

For more information, please email citizencoin@wakefield.gov.uk

How It Works (It's Easy!)

1. Sign Up: Join through the website or app. Visit www.citizencoin.uk or download the app to create an account get started.
2. Search: Find volunteering activities you're interested in. If you already volunteer, check that your organisation is signed up.
3. Earn Coins: Volunteer for activities like helping at local charities, supporting groups, tree planting, litter picking, and more!
4. Redeem Coins: Use your coins for discounts at local businesses, including free swims, café deals, and lots of retailer offers.
5. Build Your Social CV: Citizen Coin automatically creates a CV to show off your volunteering achievements—great for college/job applications or career progression!

scan
this code
to sign up



FRIENDS OF THE HUT

**WANTED:
VOLUNTEERS**

We aim to support 'The Hut' in the provision of services relevant to community well-being and cohesion for those living in neighbouring streets and the local area.

We meet no more than monthly at The Hut and we are joined by our Councillors and representatives from Wakefield District Housing (WDH) and Wakefield Council.

For further information please contact:

Email: Thehutfriends@gmail.com

GET MOVING!



**JOIN US AT THE HUT IN
AIREDALE FOR FREE
FUN INTERACTION
SESSIONS TO HELP
YOU AND YOUR FAMILY
LIVE A HEALTHIER
LIFESTYLE.**



**MONDAYS
4PM - 5:45PM
10 WEEKS,
STARTING 13TH
OCTOBER**

AIREDALE HEALTHIER FAMILIES

EAT HEALTHY



**FOR PARENTS
AND CHILDREN
8 YEARS+**

**EARN YOUR
FAMILY A FREE
12 WEEK ASPIRE
MEMBERSHIP**



SCAN TO BOOK YOUR FREE PLACE



COME & TRY *Rounders*

FREE

**BEGINNER-FRIENDLY SESSIONS
OPEN TO ALL WOMEN AGES 18+**

WHAT TO EXPECT:

FUN, FRIENDLY & SUPPORTIVE ATMOSPHERE
GREAT WAY TO STAY ACTIVE
MEET NEW PEOPLE WHILE LEARNING ROUNDERS

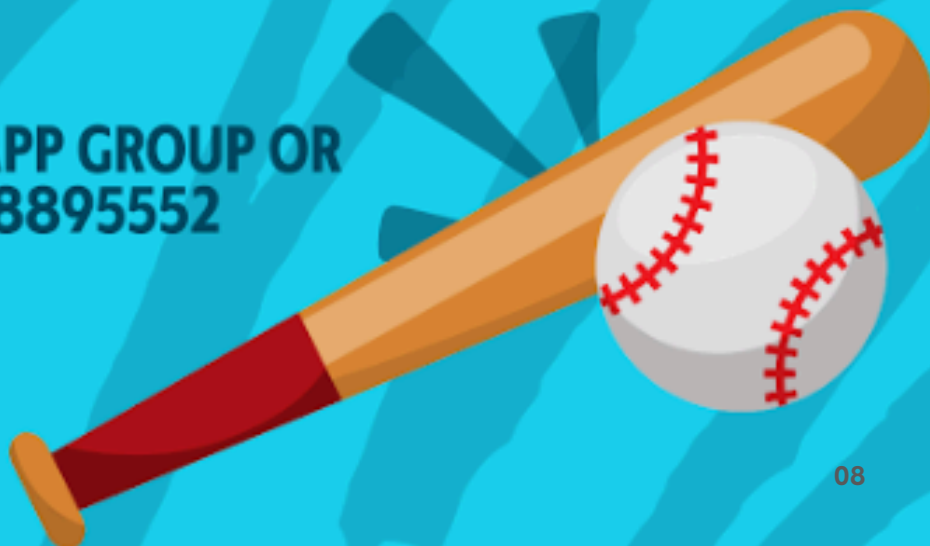
**EVERY THURSDAY
2ND OCT - 18TH DEC
8PM - 9PM**



THE HUT

AIRDALE BUSINESS CENTRE
KERSHAW AVENUE
WF10 3ES

SCAN TO JOIN WHATSAPP GROUP OR
CONTACT GEE ON 07528895552





THE HUT FEEDBACK SURVEY

THE HUT IS CURRENTLY UNDERGOING SOME WORK TO TRANSFORM THE SITE AND THE PROGRAMME OF ACTIVITIES THAT ARE OFFERED FOR CHILDREN, FAMILIES AND THE COMMUNITY.

ONE OF THE PROJECTS' TAKING PLACE IS THE REMOVAL OF THE OLD OUTDOOR GYM EQUIPMENT, AS THIS HAS BECOME UNUSABLE IN ITS CURRENT STATE OF REPAIR.

WE ARE NOW LOOKING TO THE COMMUNITY TO GIVE US FEEDBACK ON HOW THIS SPACE COULD THEN BE USED IN THE FUTURE.

WE WOULD WELCOME YOUR SUGGESTIONS AND HAVE ADDED SOME EXAMPLES TO THE SURVEY USING THE QR CODE BELOW. PLEASE COMPLETE THE SURVEY AND ADD YOU OWN SUGGESTIONS.

PLEASE CLICK THE QR CODE BELOW TO ENTER THE SURVEY.



IN THIS TOGETHER
Cervical screening confidence



**FEEL
GOOD**

FRIDAYS

Fun, Friendship and Freebies

GOOD
VIBES
ONLY

GOOD
VIBES
ONLY

Something Special is coming this Autumn

Join us every Friday until 19th December for a fun, friendly space for women to connect, relax and enjoy

Each week we'll bring you something new, completely FREE, including:

- ☕ Coffee & Cake Mornings
- 👗 Clothes Swap & Baby Clothes
- ✂️ Crafts & Christmas Card Making
- ❤️ Health Drop-ins
- 🌸 Menopause Support Sessions
- 🏠 Visits from Other Services
- 🎤 Empowerment Talks/Guest Speakers
- 🎨 Arts/Heritage Storytelling
- 🎲 Games, Puzzles, Quizzes
- 📖 Book Swap

✨ And more! We're flexible - tell us what you'd like to see, and we'll try to make it happen.

Every Friday, starting from 10th October:
🕒 10.00 am - 12.00 pm
📍 The Hut - Airedale Business Centre,
Kershaw Ave, Castleford
WF10 3ES

Come for a cuppa, stay for the connections ❤️

Mandi.reeve@groundwork.org.uk 07908611046
Fouziya.Asim@groundwork.org.uk 07977160636

West Yorkshire and Harrogate
Cancer Alliance





CAS TIGERS

Over 60's Dance

(10am until 11am)

Walking Rugby

(11am until 12pm)

Every Tuesday

The Hut, Airedale Business Centre, Kershaw Avenue WF10 3ES

To book your place contact: Michaela@castigers.com



SCAN ME



YOUNG PEOPLE



The Hut



ROLLER DISCO EVERY FRIDAY!



16.00 - 17.00 - session 1 - 12 years and
under - £2.00 per person

17.15 - 18.15 - session 2 - 12 years and
under - £2.00 per person

18.30 - 20.30 - session 3 - 12 years and over
£4.00 per person

Anyone under 16 must be accompanied by an adult.

BOOKING IS ESSENTIAL

Payment will be taken in full at time of booking.

To book on to a session head to

www.ticketsource.co.uk/thehutcastleford

Kershaw Avenue, Airedale, Castleford, WF10 3ES



ACTIVE AIREDALE

COMMUNITY WELLNESS PROJECT

**EVERY MONDAY & WEDNESDAY
5PM-8PM**

**THE HUT, AIREDALE WF10 3ES
AGES 8-15 YEARS**

PHYSICAL ACTIVITY SESSIONS & WORKSHOPS TO
PROMOTE FITNESS, TEAMWORK & FUN IN A POSITIVE
SPORTING ENVIRONMENT WHILST GAINING KNOWLEDGE
& UNDERSTANDING OF YOUR PHYSICAL & MENTAL
WELLBEING.



AIREDALE PROJECT

MONDAY- FRIDAY (EVERY WEEK)
5pm-8pm

The Hut, Airedale WF10 3ES
No sign up required

Starts Monday 4th November

Free activity session for children 5
years & above

**YOUNG
PEOPLE**



OCTOBER HALF TERM ACTIVITY CAMP



**28TH & 29TH OCTOBER
10AM TILL 3PM**

£20 PER DAY | £35 FOR BOTH
HALLOWEEN PARTY, GAMES, DISCO & SPOOKY FUN!



CONTACT US:
FOUNDATION@CASTIGERS.COM



YOUNG PEOPLE

Skate It Yourself is a community-focused skateboarding initiative based in West Yorkshire, dedicated to promoting skate culture through events, lessons, and a skatepark aimed at benefiting the wider community.

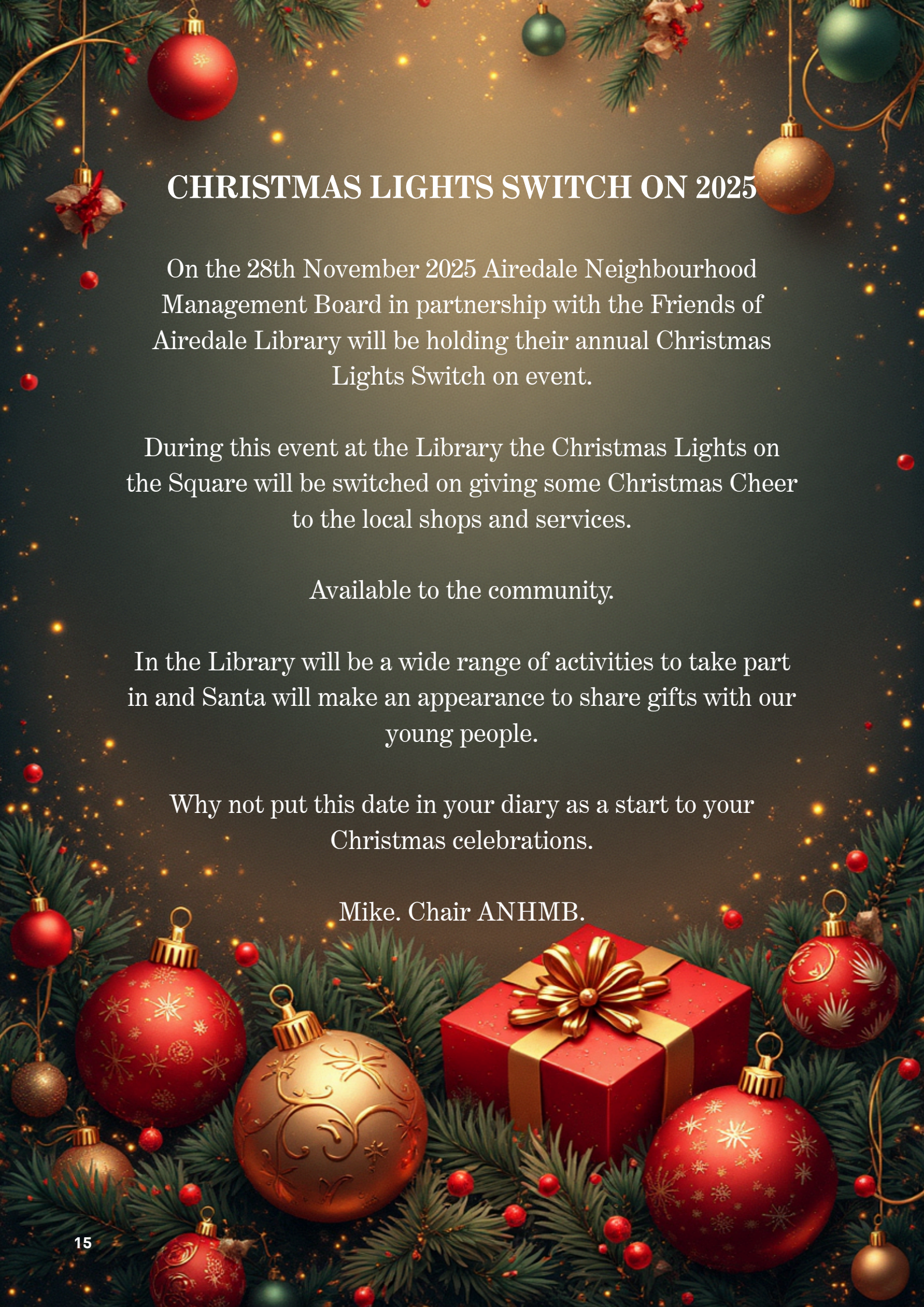
At **The Hut Youth Club** in Airedale, Skate It Yourself offers **pop-up skate sessions every Tuesday and Thursday**, providing a welcoming environment for young people to learn and enjoy skateboarding. These sessions are designed for all skill levels, offering a chance to develop balance, coordination, and confidence. Whether you're a beginner or looking to improve your skills, these sessions are a great way to get active and have fun.



Skateboarding isn't just fun- it's good for you!

For young people, skateboarding helps build balance, coordination, and core strength. It's a great way to stay active, boost confidence, and reduce stress. Plus, it encourages creativity and social connection. Come check out the pop-up skate sessions local to you- all skill levels welcome!





CHRISTMAS LIGHTS SWITCH ON 2025

On the 28th November 2025 Airedale Neighbourhood Management Board in partnership with the Friends of Airedale Library will be holding their annual Christmas Lights Switch on event.

During this event at the Library the Christmas Lights on the Square will be switched on giving some Christmas Cheer to the local shops and services.

Available to the community.

In the Library will be a wide range of activities to take part in and Santa will make an appearance to share gifts with our young people.

Why not put this date in your diary as a start to your Christmas celebrations.

Mike. Chair ANHMB.

ADULTS



MHA Communities Wakefield Halloween fundraiser

Wednesday 29th October

**Snack and Chat Cafe,
Airedale Library ,WF10 3JJ**
10.30 - 3.30PM

Spooktacular Morning madness
Wicked Lunch and
creeping it real afternoon
to be had

Book tickets NOW..

01977 695006

For further details contact the Office
MHA Communities part of Methodist Homes
Registered as a Charity - No.1083995. Company Limited by Guarantee - No.4043124



MHA Communities Wakefield christmas lunch

Wednesday 17th December,

Snack and Chat Airedale

Library ,

The Square

WF10 3JJ

Anyone is welcome,

£20.00 per person

**Booking is a must as limited
spaces**

01977 695006

For further details contact the Office

MHA Communities part of Methodist Homes

*Registered as a Charity - No.1083995. Company Limited by Guarantee -
No.4043124*





MHA Communities Wakefield Event

**Snack and Chat
Airedale Library**

WF10 3JJ

5th November 2025

10.30pm- 3.30pm



**Cracking Morning Madness .
Flaming hot Lunch and
a explosive afternoon
to be had.**

Book lunch tickets NOW...

01977 695006



*For further details contact the Office
MHA Communities part of Methodist Homes*

*Registered as a Charity - No.1083995. Company Limited by Guarantee -
No.4043124*





Funded by
UK Government



Refreshments



MHA Communities Wakefield

New @THE HUT

Airedale Business Centre

Kershaw Avenue,

Castleford

WF10 3ES

Come along and join us

our New

Every Monday from

29TH September till 8th December

1.30pm- 3.30pm

Various activities and games



FUN

Further information contact

MHA Communities Wakefield

01977 695006



Spectrum People: What's on?

Spectrum People at the Tieve Tara Centre offer a variety of craft and support groups in a welcoming, creative space. It's a great place to connect, unwind, and find support in the heart of the community.

Tieve Time



Starting Saturday 11th January

then every Saturday, same time
10.30am - 1.00pm

**Health and Wellbeing Awareness
Open Day**

**Don't feel alone
Everyone welcome
Come along for a chat**

Tieve Tara Medical Centre, Park Dale, Airedale, Castleford WF10 2QP

A poster for 'Lego Cafe' with a white background and colorful gear borders at the top and bottom. The title 'Lego Cafe' is in large, multi-colored letters. Below it are two colored boxes: an orange one for the time and a red one for the location. Further down is a green box with age and contact info, and a blue box with a sponsorship message. To the right of the blue box is a yellow box with a Lego figure and bricks. At the bottom are logos for 'Creative Minds' and 'Spectrum People'.

Lego Cafe

**Every
Tuesday
from 1-3pm**

**Tieve Tara
Medical Centre
WF10 2QP**

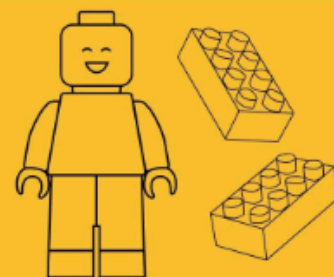
Open to 16 years and over

**For more info or to sponsor our group email
Spectrumpeople@spectrum-cic.nhs.uk**

Ever wanted your name on a building?

If you sponsor our group we'll put
the name of your business on the
side of our lego buildings.

we're building an entire city so
there's lots of opportunity to get
your name on a building!



A logo for 'Creative Minds' featuring a row of colorful, stylized faces in various colors (yellow, green, blue, red, purple) above the text 'Creative Minds' in a black sans-serif font.
Creative Minds

A logo for 'Spectrum People' featuring a colorful, multi-colored gear-like shape with the text 'Spectrum People' in a green sans-serif font.
**Spectrum
People**

Craft & Chinwag

When?

Every Thursday 12pm - 2pm

**NEW
TIME!**

Where?

Tieve Tara Medical Centre
Park Dale, Castleford, WF10 2QP



Free sessions
Open to everyone
Refreshments provided



Different craft option weekly
You can bring your own ideas
or do something different.



Have a natter, hot drink and
make new friends!



For more information,
email spectrumpeople@spectrum-cic.nhs.uk
or call 07720 899781



Supported by



**West Yorkshire
Combined Authority**

Morning Meet Up

Looking to start your day with a friendly chat?

When? Every other Wednesday 9.45 - 11.45am

Where? Tieve Tara Medical Centre, Park Dale,
Airedale, WF10 2QP

Sessions are flexible, welcoming and supportive,
with the opportunity to be creative and explore the local area.
The kettle is always on!

For more information contact Della on 07542 028297
or Helen on 07543 315343



Mining Memories: Join the Journey

Help uncover and revive
the stories, spaces and spirit
of our miners' welfares

We're looking for anyone with a connection to mining communities - past or present, including former coal mining industry workers and those living with mental and physical ill-health

No experience required, just curiosity, willingness to share, or a love of heritage and creativity.

- You will help guide the project investigating the history of miners' welfares
- Develop innovative ways to improve wellbeing through creative activities connected to museum collections, collections in community hands, and coal mining heritage.
- The project will be piloted in Wakefield, with activities expanding regionally and nationally. It aims to once again bring community spaces to life and build a compelling case for future investment in heritage-based creative health.
- Through creative workshops, storytelling sessions, co-curated displays, and community gardening projects, people will engage with heritage in new ways that create a sense of pride in their local area and improve health and wellbeing outcomes in former mining communities.

Get Involved

Express your interest by email:
Spectrumpeople@spectrum-cic.nhs.uk
or
Contact Carla Rivers, Spectrum People
Tel: 07892 769 803



Esmée Fairbairn
Communities &
Collections Fund

Funded by the Esmée Fairbairn Collections & Communities Fund

BOOKING REQUIRED

A MINER'S CHRISTMAS 3 WEEK COOKING COURSE

Join us for a festive journey through miners' Christmas traditions with our FREE 3 week cooking course

Throughout the sessions, we will be creating three delicious courses inspired by the foods once shared in coal town kitchens.

Along the way we will explore old carols and coal mining stories, capturing the community spirit and togetherness that once thrived in our district.

Come cook, learn and celebrate a true miners' Christmas, where warmth, heritage and good company takes centre stage.

1-3pm at Tieve Tara Medical Centre. WF10 2QP

Week 1: Monday 17th November

Week 2: Monday 24th November

Week 3: Monday 1st December

Booking is required for this group. For more information or to book a place contact the team on 07716202522 or helen.ogg@coalfields-regen.org.uk



Esmée Fairbairn
Communities &
Collections Fund



Coalfields
Regeneration
Trust



SELF-CONFIDENCE AND ME

Develop skills to increase self-esteem and overall wellbeing. Practical ways to navigate the challenges of low self-confidence.



THRIVING MINDS: YOUR PATH TO IMPROVED MENTAL WELLBEING

Explore practical strategies to maintain emotional wellbeing and build resilience to improve your quality of life.

COPING WITH CHRONIC PAIN

Practical strategies to help manage the impact of chronic pain, ways to improve wellbeing and get more out of daily life.



MANAGING FATIGUE WITH HEALTH CONDITIONS

Learn practical tools to help manage chronic fatigue and feel more in control of your health and wellbeing.



A series of free workshops for anyone caring for a family member or friend who is living with dementia

The groups are small, friendly and give you the chance to meet and share experiences with others in the same situation.

16 and 23 October – Prince of Wales Hospice 10.30am – 1pm

30 October – Thornycroft Centre 10.30am – 1pm

6, 13, 20 November – Prince of Wales Hospice 10.30am – 1pm



ARE YOU A CARER OR LIVING WITH DEMENTIA?

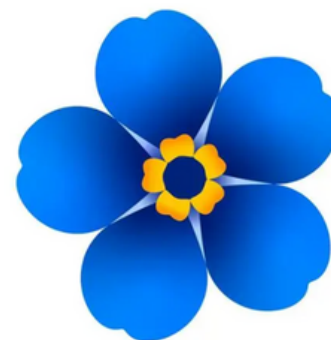
WANT SUPPORT AND INFORMATION ABOUT DEMENTIA, WAYS TO MANAGE SYMPTOMS, LOCAL SUPPORT SERVICES, BENEFITS, PLANNING FOR THE FUTURE AND COPING STRATEGIES?

LOOKING FOR AN OPPORTUNITY TO ASK AN ADMIRAL NURSE OR DEMENTIA ADVISOR QUESTIONS YOU HAVE?

Find us on the Fourth Tuesday of every month 1pm until 230pm in the Meeting Room at Wakefield Library, Wakefield One Building, Burton Street, Wakefield WF1 2EB

Refreshments available on site.

No booking required. You are welcome to attend as many drop in sessions as you need.



LIVE WELL WITH DEMENTIA PROGRAMME

The Live Well with Dementia Programme provides people living with early-stage dementia with the knowledge, skills and practical tools to support and empower them to take an active role in the management of their health and wellbeing.

Our next programme is at Thornycroft Social Centre, 40 Halfpenny Lane, Pontefract WF8 4AY

Thursdays, 10.30am -12.30pm:

23 October 30 October

6 November 13 November 20 November 27 November

4 December

Contact us for more information

01924 373264 wakefield@alzheimers.org.uk

The provision of a structured programme for people with dementia will help participants to:

- Appreciate their own potential in managing their condition.
- Be able and motivated to apply knowledge and skills to cope better in their day to-day lives.
- Have more active roles in the management of their own care and support.
- Be aware of services and peer support opportunities.
- Have increased knowledge and understanding of their condition.
- Have the opportunity to consider planning for the future
- Have the opportunity to consider involvement activity in the wider community.



Airedale Library: What's on?

Mondays

- Rhyme Time (9:30-10am)- stories and songs for under 5s and their grown ups
- Book club (first Monday of the month at 10:30am-12pm)- meet with our friendly group to discuss great books

Tuesdays

- Sewing Bee (10:30am-12:30pm)- our sewing group, with some machines provided. Please note it is not meeting during the summer holidays and will return on a yet to be decided date in September
- Coffee Morning 10:30-12

Wednesdays

- Rhyme Time (9:30-10am)- stories and songs for under 5s and their grown ups
- Knit and Natter (11am-1pm)- Bring along you latest knitting or crochet projects and have a natter with friends

Friday

- Diamond Art Club (10am-1pm)- create beautiful art and make great friends

Saturdays

- Lego Club (9:30am-12pm)- come and see what you can make and do with Lego
- Active Minds (10am-12pm)- Join us for non-competitive quizzes, puzzles and refreshments

**Airedale Library****Community Stop Smoking Support:****Every Friday 9.30am—1.00pm****Contact us on: 01924 252174****Or drop in to find how we can support you.*****We offer:***

- Weekly specialist support from Advisors Clare and Carol
- No waiting list!
- Access to stop smoking medications
- A FREE vape to help you quit tobacco!

STOP TOBER

Let's quit smoking together

Visit our website at: www.yorkshiresmokefree.nhs.uk

Facebook: Yorkshire Smokefree

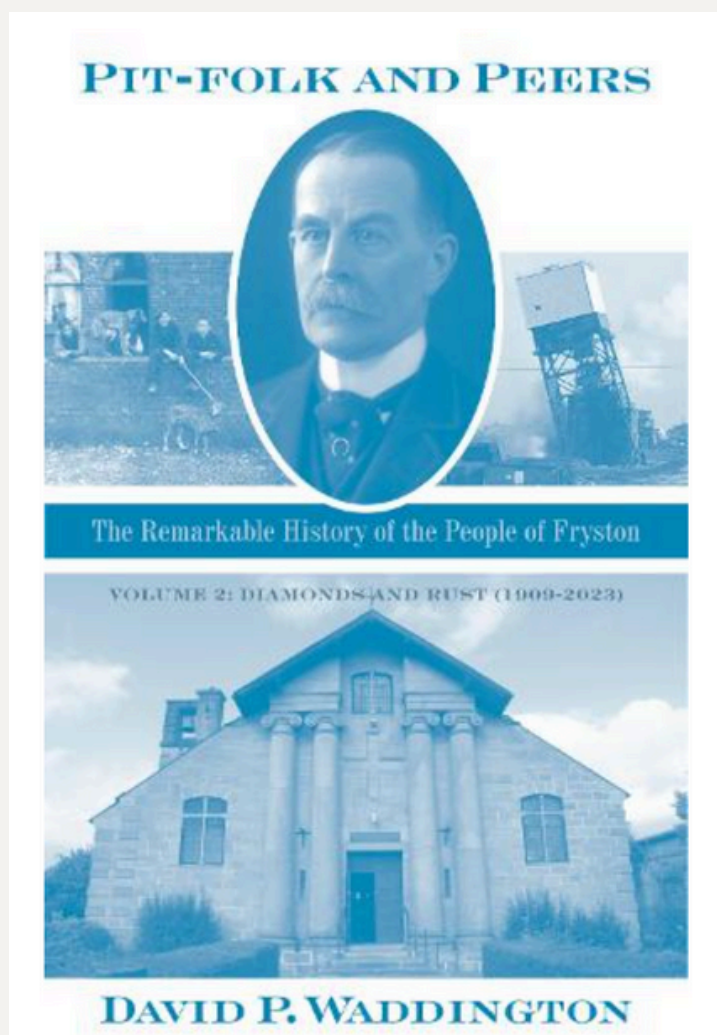
Twitter: @YSmokefree

LOCAL AUTHOR

David P. Waddington – Pit-folk and Peers, Volume 2: Diamonds and Rust (1909–2023)

Waddington - born in Fryston and long a scholar of coalfield communities, describes this two-volume project as his tribute to the village and to the people whose stories might otherwise have been lost.

Yorkshire's own David P. Waddington returns with the second and concluding volume of his sweeping dual biography *Pit-folk and Peers*, published in September 2025 by Route Publishing.



Diamonds and Rust continues the remarkable story of Fryston, Castleford- tracing the intertwined lives of the Milnes / Milnes-Crewe family and the mining community from 1909 through to the present day. Balancing tales of politics, diplomacy, and literary circles with the lived experiences of the “pit folk,” Waddington captures the heart of a community whose people, places, and memories still resonate with many who knew them.

Key moments include:

- The demolition of Fryston Hall in 1931 and how volunteer miners repurposed its stones to build Holy Cross Church - a symbolic link between “peers” and pit folk.
- Stories of communal self-help: in the 1940s and 1950s the colliery community launched charitable efforts for paraplegic miners, built a welfare hall, and even erected a stadium known as the “White City of the North.”
- The struggle of industrial decline: the closure of Fryston Colliery in 1985, the near disappearance of the village, and later attempts at regeneration.

Available to buy via the publisher- Route Publishing, Amazon UK and Apple Books



AIREDALE NEIGHBOURHOOD MANAGEMENT BOARD

The Board is a volunteer community group run by the community for the community. It has been running in our area for nearly 16yrs and has been instrumental in bringing many services to our area.

We work with Health Authorities, Coalfield Regeneration Trust, Spectrum People Local Schools, Local Doctors Surgeries, Yorkshire Sport, West Yorkshire Police, Methodist Homes for the Aged. and many other community groups in our area.

We are really pleased to work alongside our three Local Councillors Wakefield District Council and Wakefield District Housing.

The Board is made up 8 Community members and up to 21 associate members from the groups and agencies that we work with. Over the years we have spearheaded many initiatives in our area that have brought much needed facilities and avenues of help to our community and its residents.

Each year we organise our Annual Fun-day on the Green Park and the Annual Christmas Lights switch on at the Airedale library. Alongside this we have the lease on the Airedale Library Café which we use for networking events, space where other groups and agencies can use for community activities and workshops. We also run the Airedale Foodbank where we provide food and household goods by referrals to people of the Airedale area.

Airedale Methodist Church

Airedale Methodist Church is situated on the corner of Elizabeth Drive and Fryston Road. It has been a worshipping community church for 101 years and has always provided space for activities that can be used by the community. Our worshipping space is open every Sunday morning for worship at 10-30am and all are welcome.

We also have a spring, Summer and Christmas Fayre each year along with many activities throughout the year.

We as a church run the following activities for the community.

Monday

- Boys Brigade: at 6pm for ages 4yrs to 18yrs.
- Tai chi: at 10:30am.
- Lunch club: 12 Noon

Tuesday

- Girls Brigade: at 6pm aimed at ages 4yrs to 18yrs.
- Young at heart Exercise Group at 1-30pm.

Wednesday

- I dance Academy at 5pm.
- Lunch club: 12 Noon

Thursday

- Choir at 7pm.

Friday

- Slimming World at 7am.



The Coalfield Regeneration Trust

What is CRT Engage?

CRT Engage is our health, skills and jobs programme. Our teams work with you to help you achieve your goals. You can sign up to CRT Engage through our website or other local organisations.

Your local coach



What is CRT Game On?

CRT Game On uses the power of sport to change lives for the better in former coalfield communities.

Our free sessions allow everyone to get involved, get active and learn new skills.



Airedale and Castleford

Health & Wellbeing Coaching

IN PARTNERSHIP WITH THE FIVE TOWNS PRIMARY CARE NETWORK

FREE to people living within Airedale and Castleford



I'm here to help you feel better.

As a Health and Wellbeing Coach and Nutritionist, I work with people to improve their health. I offer personalised support to help you build healthier habits, feel more energetic, and boost your confidence.

What I Offer:

- Nutrition support: 8 sessions to help you make healthier food choices, plus 3 months of follow-up support to keep you on track.
- One-on-one coaching: Get personal guidance to reach your health goals.
- Group sessions: Join friendly groups in Airedale like Slimmer's Society and cooking workshops. You'll learn new skills, meet others, and get support to live healthier.

I can also create more group sessions based on what people need, so everyone can get the help they deserve.

 helen.ogg@coalfields-regen.org.uk





Walking Cricket Five Towns

Airedale Walking Cricket
The Hut Kershaw Ave
Castleford WF10 3ES
Thursday Mornings
10am-12pm

Free Turn Up & Play Walking Cricket Session!

CRT GAME ON



FREE COOKING SESSIONS



Cooking in Colour: Free Stick Blending Course by CRT! Join our free 3-week Friday course and learn to create vibrant, healthy dishes using a stick blender. Get hands-on in the kitchen, pick up new skills, and take home a free stick blender when you finish!

Every participant will receive a FREE stick blender to take home!

Nourish and Thrive: Discover how to create tasty, low-cost meals using a slow cooker in this hands-on cooking session. We'll cover the essentials of food hygiene and safety, explore the basics of carbohydrates, proteins, and fats, and guide you through simple, effective meal planning techniques.

Every participant will receive a FREE slow cooker to take home!

CONTACT BELOW TO BOOK ON- **BOOKING REQUIRED!**



helen.ogg@coalfields-regen.org.uk

COOKING IN COLOUR STICK BLENDER COOKING

Join us for our FREE stick blender 3 week cooking course and take home a FREE stick blender

Week 1: Friday 21st November
Week 2: Friday 28th November
Week 3: Friday 5th December

10am-1pm at The Hut - Kershaw Avenue.
WF10 3ES

NOURISH & THRIVE SLOW COOKER SESSION

Join us for our FREE slow cooker cooking session and take home a FREE slow cooker

Friday 7th November 9:30am-1pm
The Hut - Kershaw Avenue. WF10 3ES



CRT ENGAGE



**Coalfields
Regeneration
Trust**

BUILDING PROSPERITY & OPPORTUNITY

MOVING MORE

Friday Night Football Five Towns

Airedale Football 5ives

The Hut
WF10 3ES
6-8pm

Free Turn Up & Play Football for 11-18 Year Olds!



CRT GAME ON

Are you bored? Looking for something to do now that the nights are lighter?

If you are aged between 11-18 years old why not come along to The Hut, Kershaw Avenue, Airedale, Castleford WF10 3ES on Friday evenings and play Football 5ives.

Starts 6pm till 8pm.

It's free! Just come along and play

In Castleford, **SURGE BOXFIT** sessions are held at the Glasshoughton Centre every Thursday at 6:00 PM. These classes are open to all, providing a welcoming environment for both beginners and those looking to enhance their fitness journey.

Participants can expect a supportive atmosphere, expert guidance from Vicky and a community-focused approach to fitness.

SURGE BOXFIT

BOXFIT CLASSES

CLASSES
£7 per class
Class package £39 for 6
(use within 2months)

THURSDAY 6PM

THE GLASSHOUGHTON CENTRE CASTLEFORD

FUN, FAST & FITNESS

Stress reduction | Improve Flexibility | Burn fat
Builds self-confidence | Increase your coordination
Classes run by a Qualified England boxing coach/ Level 3 PT
age 13 upwards

FOR MORE INFO CALL VICKY 07825432353
FACEBOOK Surgeboxfit

COMBAT KICKBOXING EVERY TUESDAY 6PM THE HUT

SELF DEFENCE

HEALTH & FITNESS

SELF ESTEEM

PAY AS YOU TRAIN

**CALL STEVE ON 07872 441257
TO BOOK A FREE TRIAL**

WWW.LMACOMBATKICKBOXING.COM

The **Airedale Kickboxing Academy** offers dynamic martial arts training for all ages and skill levels. Their sessions at The Hut Youth Club in Castleford are held every Tuesday at 6:00 PM. These classes provide a supportive environment where participants can learn kickboxing techniques, improve fitness, and build confidence.

Free Community Café @ The Hut, Kershaw Avenue

10am – 12pm

4 th July	25 th July	15 th August
5 th September	26 th September	17 th October
7 th November	28 th November	19 th December

9:30am – 11:30am

25 th June	16 th July	6 th August
27 th August	17 th September	8 th October
29 th October	19 th November	10 th December

Pop in for a cuppa and cake...everyone is welcome!



A community café offering drinks/cake/biscuits at no charge.

There will be a chance to speak with local partner agencies about anything you might need help with.

If we can't help on the day, we can, refer you to the right place



Police education, sports and games @ The Hut, Kershaw Avenue

4pm to 6pm

9th September, 30th September, 21st October
11th November, 2nd December, 23rd December

This is an invite for any local children who want to learn about the Police and then play games/sports and possibly bowling afterwards. There will be drinks and snacks available. There is no cost for coming. It is all for free.

Each session will have a different theme of education and then will end with either games, sports or bowling. There is no cost and all children are welcome.

These sessions will be every three weeks from this Tuesday 9th September and will be ongoing until Tuesday 23rd December, with all the dates listed above.



Men's Creative Shed

What?

Workshops for anyone who **identifies as male**, is **18+** and **lives in the Wakefield District**. They are led by professional artists and supported by one of our support workers and member of staff at The Art House. Sessions are relaxed, friendly and adaptable to suit you. No prior experience is needed, all materials are provided and it's all free. There's even a cuppa if you want one!

When?

Running until summer 2026, get in touch to find out when the next course runs.

Where?

The Art House, Drury Lane,
Wakefield, WF1 2TE

For more information or to register,
call our office on **01924 787501**.



The Art House

The Baring
Foundation



COFFEE MORNING

Every Friday - excluding Bank Holidays.

Room 5,
Airedale Library,
The Airedale Centre,
Castleford,
WF10 3JJ

10:00 - 12:00

CALL US: 01924 787507

If it is your first time attending, please call our line beforehand.

All who:
- Identify as male
- Are aged 18 and over
- Live in the Wakefield District
Are welcome to join us.



Charity: 1072174
Company Registration: 03580792



WE

SEE

YOU.

Confidential **support group** for males who have been affected by domestic abuse.

At GASPED, we are dedicated to making sure we offer a discrete and confidential service. If you have been affected by domestic abuse and would like more information, please call or email us.

#WeSeeYou #FightTheStigma



SUPPORT

Here For You Wakefield & 5 Towns

Struggling to Cope?
Feeling Overwhelmed?
You Are Not Alone.

Out of Hours Support in a Safe Space
Free urgent mental health support.

- No need for GP or hospital.
- Available to 16 years+



Call: 07776 962 815

We are open for support from 6pm to midnight every day of the year



Call: 07776 962 815

We are open for support from 6pm to midnight every day of the year

Refer online any time

Our teams will call you back within 24hours

Go to our website or scan the QR code to refer online.



If you are struggling to cope with your emotions, or have thoughts of self-harm or suicide, **You are not alone.**

Accessible Support

- Taxis can be provided if you feel unable to make your own way to us, or to support you to get home safely.
- You do not need a Wakefield GP or fixed postcode to access support.

1-to-1 Support

- Speak to one of our staff about how you're feeling.
- Support to help you make a plan to keep safe for the night.
- Information on other support available to you.

45minutes either in person, or over the phone

Social Space Support

- A calm, support space to be yourself and around other people.
- Free hot drinks and food available.



www.touchstonesupport.org.uk/hereforyou



HereForYouTS



Here For You

Out Of Hours Support In A Safe Space



Wakefield District
Health & Care
Partnership



AIREDALE BABY & CHILDRENS BANK

OPENING HOURS

MON 4PM-6 30PM

TUE 4PM-6.30PM

SAT 10AM-2PM

PLEASE NOTE: OUR STAFF ARE
VOLUNTEERS SO HOURS MAY BE SUBJECT
TO CHANGE AT SHORT NOTICE.

WE ASSIST FAMILIES WITH A VAST RANGE OF
PRE-LOVED BABY AND TODDLER ITEMS TOGETHER
WITH CLOTHING AND FOOTWEAR FROM BIRTH TO 16.

WE ALSO HAVE TOYS, BOOKS AND BEDDING



AIREDALE BABY AND CHILDREN'S BANK



AIREDALEBABYANDCHILDRENSBANK@GMAIL.COM

AIREDALE BABY & CHILDRENS BANK,
Stansfield Road, Airedale, WF10 3BY

Charity number 1202786



FREE

Get a **FREE** vape kit to help you **STOP SMOKING.**

What is **SWAPtoSTOP**?

Swap to Stop is a scheme open to all Wakefield smokers over 18 years old who are wanting to quit.

The scheme provides current smokers with a **FREE** vape starter kit and flavour oils of their choosing to help smokers swap to a less harmful alternative to cigarettes. Up to 2 in 3 long term smokers will die from smoking but vaping is one of the most effective tools to support smokers to quit. We are here to help.

How do I get my free vape kit?

From your Airedale Community Connector. Please email to enquire, book a time to come to CRT's Airedale office to collect your kit.

There is no catch – the only thing we ask is that we can contact you 4 weeks after receiving your vape kit to see if you have fully swapped or are still smoking, or if you require any other support or signposting.



Coalfields
Regeneration
Trust

BUILDING PROSPERITY & OPPORTUNITY



Community Connector

Chloe Smith

chloe.smith@coalfields-regen.org.uk



Wakefield Recovery and Wellbeing College Home of the Discovery College

Interested in volunteering?



If you would like to volunteer at the College to help run one of the courses, help to develop a course or support learners taking part – let us know as there are lots of opportunities to get involved. Your skills to share could be anything from living with a health condition, to a crafting hobby, to a practical skill such as gardening, cooking, baking, flower arranging, we welcome your ideas.

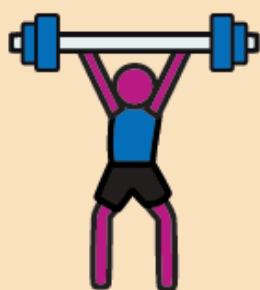
There are lots of reasons why you might want to volunteer – it could be to gain skills to help you in to employment, because you want to give something back to your community or because you want to become more active and improve your wellbeing.

Whatever your motivation – we can help you do it.

Just get in touch and we'll let you know how you can get involved.



EXPLORE YOUR POTENTIAL
TO VOLUNTEER



DISCOVER YOUR STRENGTHS

Our values



The Colleges and the courses that we support, have been co-produced with a non-clinical focus by people who have experience of health problems, health professionals, local people and partnership organisations - ensuring that courses offered support the needs and aspirations of people in our local communities.

We believe that people who have experience of health problems – whether that is personal experience or as a carer for someone – are the experts in their own lives. So we want your help to develop the Colleges and the courses on offer – sharing your ideas with us so that together we can create opportunities that will support people as they choose. This is co-production – and it's what the Colleges are all about!

We provide courses and workshops that can help you on your recovery journey.

Recovery is a personal journey! It's about building lives, creating opportunities, taking control and instilling hope.

Your journey may involve you becoming an expert in your own self care, finding new skills and interests or building on your strengths and inner resources – and our courses can support you to do all this!



FIND YOUR SKILLS

Find the course for you



Our courses are free and available to anyone over the age of 18 for the Recovery and Wellbeing College and aged 16-25 for the Discovery College. If you want to improve your own wellbeing or knowledge in a particular area, enrol with us! You do not need to be in poor health to start your journey. You might want to support yourself or think that gaining knowledge and skills would benefit someone else, everyone is welcome.

We are not postcode restricted and no referral is required! You can enrol on our website, but if you have any issues getting online or with filling in forms, just give us a call and we can support you to do this over the phone.

When you enrol for the first time you will be invited to have a chat with a member of the team to complete an individual learning plan that will let us know how we can support you at the Colleges and to book you onto the courses you are interested in.

You can be part of our community for as long as you like but our aim is to support you to access community services when you feel ready. Many of the volunteers who facilitate our sessions were once students at the College, so in time and with growing confidence the opportunities are endless!

You can find out more details about the courses now on offer at both the Recovery and Discovery College on our website at:

www.wakefieldrecoverycollege.nhs.uk

Courses are run in partnership with local and national partners, community organisations, charities, Trust staff and volunteers. The courses take place at different venues across the community and online.



Get in touch

If you would like to find out more about the Wakefield Recovery and Wellbeing College, the home of the Discovery College, you can contact us at:

✉ **Wakefield Recovery and Wellbeing College**
Drury Lane Health and Wellbeing Centre,
Drury Lane,
Wakefield
WF1 2TE

☎ **01924 316946**

✉ **wakefieldrecoverycollege@swyt.nhs.uk**
wakefielddiscoverycollege@swyt.nhs.uk

🌐 **www.wakefieldrecoverycollege.nhs.uk**

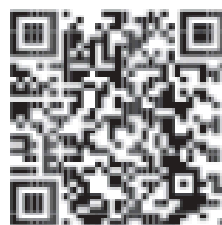
f **facebook.com/wakefieldrecoverycollege**
facebook.com/wakefielddiscoverycollege

🐦 **@WF_RecoveryColl**
@WakefieldDC

📷 **@Wakefieldrecoverycollege**
@Wakefielddiscoverycollege

Our values – we believe:

- everyone has a wealth of knowledge and valuable expertise – which they can use to help us develop the college for the benefit of all
- everyone should be given the opportunity to reach their potential
- that the College will aim to be fully accessible for everyone
- in working together in the design and provision of the courses available
- everyone has the equal right to enjoy all the opportunities that life can provide
- that our work is based on the principle that hope, mental health and wellbeing are essential to every person



Scan the QR code
to visit our website