

Support for people living with dementia

By 2025, it's estimated that over one million people in the UK will have a diagnosis of dementia, and almost all of us will know someone living with the condition. It is possible to live well with dementia. There is more to a person than dementia. You are not on your own.



Information and advice

if you need help, information, or advice

For information on dementia, see www.nhs.uk/conditions/dementia/about.

Talk to your doctor. They are the best place to start if you are worried and not sure what to do or where to go.

You can also talk to Healthwatch Wakefield if you want advice, information, or signposting. You can also feedback your views about services. Telephone 01924 787379.

The Alzheimer's Society

www.alzheimers.org.uk

Dementia Connect Support 0333 150 3456. If you are affected by dementia, worried about a diagnosis, or a carer, trained staff are ready to give you the support you need. Phone support is available seven days a week Mon to Weds: 9 am to 8 pm, Thurs and Fri: 9 am to 5 pm, Sat and Sun: 10 am to 4 pm. Language translation service and Text Relay available

Dementia UK

www.dementiauk.org

Dementia Helpline 0800 888 6678.

The free, confidential Dementia Helpline is staffed by dementia specialist Admiral Nurses who provide information, advice and support with any aspect of dementia.

The Helpline is open Monday to Friday 9 am to 9 pm and Saturday and Sunday 9 am to 5 pm; every day including Bank Holidays except 25 December.

Financial and legal sources of support

If you have a dementia diagnosis, or are caring for someone who does, you could be entitled to a number of benefits. Use the online Government Benefits Calculators to see the benefits you, or the person you care for, might be entitled to. www.gov.uk/benefits-calculators

Financial matters can include things like Attendance Allowance, Carer's Allowance, Council Tax reduction, Disability Premium, Employment and Support Allowance and Universal Credit, Personal Independence Payment, and personal health budgets. Legal issues can include things like Power of Attorney, and Enduring Power of Attorney.

Age UK Wakefield District

Telephone 01977 552114

The Age UK Information and Advice service supports people aged 50 and over, and their carers who are residents in Wakefield District. This includes help with benefits, access to services, and equipment loans amongst other things.

www.ageuk.org.uk/wakefielddistrict



Services

Adaptations Service

Telephone 01977 722220

If you have a disability or a long-standing illness, which stops you from carrying out everyday tasks in your home the Adaptations Service may be able to help you.

www.wakefield.gov.uk/adult-social-care/keepingindependent-and-healthy/equipment-andadaptations/about-the-adaptations-service

Care Link

Telephone 01977 788000

Care Link support over 15,000 customers to enjoy independence in their own home from just 81 p per day. They provide a range of discreet sensors, home visiting and a 24 hour responder service, in a range of packages to suit your personal needs and budget. Price correct at November 2023.

www.wdh.co.uk/CareLink

Care needs assessment

Care needs assessments are for adults, people aged 18 or over. They are carried out by Social Care Direct to find out what help and support you need. For example: healthcare, equipment, help in your home or residential care. Find out more about care needs assessment, creating a care and support plan, using your personal budget and your personal assessment.

www.wakefield.gov.uk/adult-socialcare/care-needs-assessment

Community Equipment Service

Telephone 01924 302447

Providing equipment to people and their carers living in the community who meet agreed criteria, or who need to be nursed at home. The equipment is designed to aid daily living, support the nursing needs of people in their own homes or help with discharge from hospital, and is provided as a free loan for as long as it's needed.

Complex Needs Team

Telephone 01924 543692 or 01924 543689, open 8 am to 5 pm.

A dedicated service that works with patients with complex needs, their families and carers. Helping them to access hospitals and providing support for them in a patient-centred way. For example, providing someone for patients and carers to contact if they have a concern or a worry about coming to hospital; finding out what the hospital needs to do differently to meet patients' needs and making agreed reasonable adjustments happen; and providing a hospital passport which informs hospital staff of the 'need to know' information about you.

www.midyorks.nhs.uk/complex-needs

Connect to Support Wakefield

Online information to help you look after yourself or a loved one, stay independent and connect with others.

wakefield.connecttosupport.org

Herbert Protocol

The Herbert Protocol is an initiative introduced by West Yorkshire Police and other agencies which encourages carers to compile useful information which could be used in the event of a vulnerable person going missing.

www.westyorkshire.police.uk

Home Care Services

Many people find that there are times when they have difficulty coping with daily life and need help from someone. This can be because of illness, disability, frailty, whether temporary or permanent. Home Care Services provide a service for up to six weeks to help with rehabilitation and recovery from an illness or injury and to make sure that the level of service is right for the person's needs and keeps them independent. Contact Social Care Direct.

Live Well Wakefield

Telephone 01924 255363

Live Well Wakefield is a social prescribing service supporting adults 18+ to access non-medical support in their local area across the whole of Wakefield District.

www.livewellwakefield.nhs.uk

Reablement Service

Telephone 01977 733735

The Reablement Service Waterton Hub is a home care agency registered to provide personal care. The service provides short term care and support to people following an illness or hospital stay, and care services for people with dementia, with the aim of enabling people so they can continue living independently in their own homes.

Social Care Direct

You should contact Social Care Direct first if you or someone you know appears to need adult social care services in Wakefield.

Telephone 0345 8 503 503

Fax 01924 303455

Minicom 01924 303450 type talk welcome Email <u>social_care_direct@wakefield.gov.uk</u> <u>www.wakefield.gov.uk/adult-social-care</u>

Safer Places Scheme

Telephone 0345 8 503 503.

Map of Safer Places - search for Wakefield

The Safer Places Scheme is a voluntary scheme that aims to assist vulnerable people with learning disabilities, autism and dementia to feel safer when travelling independently, allowing people to maintain their independent living skills and helping with their wellbeing.

Wakefield District Sight Aid

Telephone 01924 215555

When your sight, or the sight of someone you care about, is failing, Wakefield District Sight Aid can help.

www.wdsa.org.uk

Wakefield Memory Service

Telephone: 01924 316973

The Wakefield memory service provides specialist assessment, diagnosis, and treatment for people with memory problems. Open Monday to Friday, between 8 am and 4 pm. Based at Drury Lane Health and Wellbeing Centre, Drury Lane, Wakefield WF1 2TE.

www.southwestyorkshire.nhs.uk/services/memory-service-3

Wheelchair Services

Telephone 01924 302448

Providing wheelchairs and specialist seating to help people with clinical needs for posture and mobility; offering repairs and planned preventative maintenance checks on their wheelchairs. Contact your GP or other healthcare professional to make a referral for you.

www.wakefield.gov.uk/adult-socialcare/keeping-independent-andhealthy/equipment-andadaptations/wheelchair-service

With thanks to the Memory Action Group for providing information.



Practical and emotional support, and activities

AccessAble

AccessAble exists to take the chance out of going out. It gives you the detailed information you need to work out if a place is going to be accessible to you.

https://www.accessable.co.uk/

AccessBus

AccessBus is a dial-a-ride bus service providing door-to-door transport, seven days a week between 9 am and 5 pm.

https://www.wymetro.com/plan-ajourney/accessible-travel/accessbus/

Blue Badge

The Blue Badge scheme helps you park closer to your destination if you're disabled and includes some hidden disabilities.

People living with dementia qualify for a Blue Badge and can apply at Wakefield Council.

https://www.wakefield.gov.uk/roads-and-travel/parking/apply-for-a-blue-badge/http://www.gov.uk/apply-blue-badge

If you are struggling to get a badge it can help to involve an Admiral Nurse.

Radar Key

The National Key Scheme offers disabled people and those with certain health conditions independent access to locked public toilets around the country.

https://shop.disabilityrightsuk.org/products/radar-key

Carers Passport

Mid Yorkshire Hospitals NHS Teaching Trust have a Carers Passport which supports the rights of carers to stay with loved ones who benefit from their support in hospital. Ask ward staff or the Complex Needs Team.

Citizen's Advice

An independent, local charity which offers free, confidential and impartial advice to the citizens of the Wakefield District.

https://wakefielddistrictcab.co.uk/

Carers Wakefield

Telephone 01924 305544

Carers Wakefield & District are a voluntary organisation providing advice, information and support to unpaid carers across the whole of Wakefield district.

Memory Action Group

Telephone 01924 365213 and 07963 568892 or email jan.archbold@outlook.com

A Peer Support Group and Drop in Centre for people living with dementia and their carers. Every Wednesday and Friday between 2 pm and 4 pm. Based at Wakefield West Methodist Church Centre, Thornes Road, Wakefield WF2 8QR. All sorts from activities and games, support, information, a monthly 'games' session and a monthly Singalong.