

National and West Yorkshire Alzheimer's Society update April, May, June 2026

This newsletter contains a mix of national and local updates from Alzheimer's Society as well as links and news from other organisations. You can send the whole newsletter or any part of it to your colleagues and service users. I retain a non-PDF version of this newsletter so should you want any specific content to copy and paste, please contact me directly.

Reader's feedback helps shape this newsletter.
What content would be useful in future?
What was useful or enjoyable content in this edition?
ben.johnson@alzheimers.org.uk

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Dementia Action Week 18-24 May 2026, and the Forget Me Not Appeal

Planning is well under way for Dementia Action Week, 18-24 May 2026, and the Forget Me Not Appeal running in June 2026. This year we’re connecting the two into one continuous story. Dementia Action Week will help set out the scale and urgency of dementia, with Forget Me Not Appeal giving people a clear way to support Alzheimer’s Society and be part of the society that will beat dementia.



The Forget Me Not Appeal is our flagship fundraising appeal which will run across the month of June. Its purpose is to create a special moment each year, when everyone can come together to show their support for people affected by dementia. This moment is recognised through our Forget Me Not badge, the visual and emotional centrepiece of the campaign.

Behind every Forget Me Not, there are stories of lives devastated by dementia. People will wear the badge for different reasons. They might wear it because a loved one is living with the condition; they might wear it in memory of someone they’ve lost; they might wear it for hope and togetherness, in desperation or defiance. Every Forget Me Not tells a story. But when we all wear it together, it becomes something far greater. It’s a movement of hope, of action and unity. A visible reminder, that it will take a society to beat dementia. The badge embodies everything we stand for as a Society: hope, action and the belief that together we can beat dementia.

This is a fantastic opportunity to raise awareness of who we are and what we do, as well as raising vital funds so that we can give help to everyone living with dementia today, and hope for the future.

Could you be involved in a clinical trial?

In March, Alzheimer's Society launched the UK Dementia Trials Network (UKDTN) Clinical Trials Finder. This is an easy-to-use online tool which helps people living with mild cognitive impairment or dementia, and those who support them, find clinical trials they may be eligible for.



It brings together up to date information on trials taking place in the UK Dementia Trials Network funded NHS centres across the UK and connects users directly with our Research Nurses and NHS teams so they can register their interest in taking part. New studies will be added over the coming months.

<https://www.alzheimers.org.uk/get-involved/find-a-clinical-trial>

Have you been involved with a clinical trial for dementia. Would you like to share your experience in this newsletter? Contact ben.johnson@alzheimers.org.uk

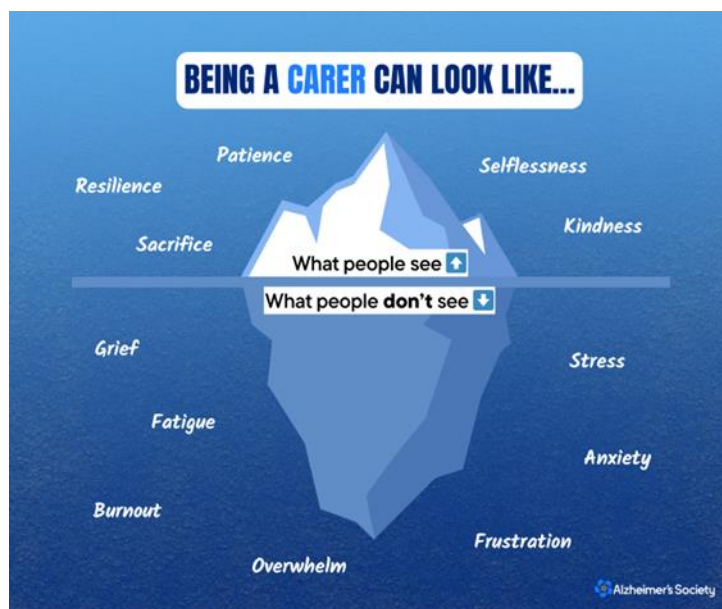
Carers

Are you a carer?

Realising and accepting that you are a carer when you support a loved one or a friend can be difficult. For many the role creeps on overtime as the disease starts to affect someone more, for others the role starts very dramatically.

The image of the iceberg may help you to understand the range of possible emotions you experience some of which others are aware of and some of which they may not as easily recognise. Of course, every carer is different so the emotions you show may be different to the ones on the image and the ones you keep under the surface will be different too.

If you are struggling with your emotions or struggling to cope with the caring role reach out to others. This might be in a peer support setting; it could be through counselling or getting advice. Please look at the list of services on pages 16 and 17.



Dementia Education Training films

One of Alzheimer's Society partners eHealth Digital Media have worked with NHS Gloucestershire Integrated Care Board (ICB) to develop an innovative series of ten Dementia Education Training films.

These films capture the experiences of people living in care homes and extra care sheltered housing settings. The aim is on raising awareness and improving the quality of dementia care locally and nationally.

They provide an original and engaging training resource for improving practical strategies and skills for health and social care professionals and carers who are supporting people living with a dementia.

The films can be accessed via the Pocket Medic website:
<https://pocketmedic.org/carers-residential/>



The Disappearing Partner: A memoir of Love, Loss and Dementia's Unchosen Path by Saba Khan

Saba is a current carer and lives with her husband in Leeds.

Alongside her caring role she has written a book about her experiences.

This memoir offers a raw, firsthand account of navigating the realities of Alzheimer's dementia. It covers the journey from the initial slips of memory to the profound weight of a diagnosis, laying bare the emotional and practical tolls on the family.

- The Core Theme: It explores "ambiguous loss"—the heartbreak of watching a loved one disappear while they are still physically present.
- The Mission: Beyond a personal story, this is a call to action to break the stigma surrounding dementia, expand support networks, and address the isolation carers face.
- The Goal: To ensure no one has to walk this path alone and to drive meaningful change in how we approach care. Available now on Amazon.





Saba speaking at 'Dementia & Ethnic Diversity' event in Leeds

Alzheimer's Society Annual Conference 2026

This conference will bring together health and social care leaders, policymakers, campaigners, researchers and people with lived experience at a truly critical point for dementia.

2026 represents a defining opportunity to prioritise dementia across the system, and transform diagnosis, care and support. With major developments underway the decisions made now will shape dementia care for years to come.

The conference will focus on how we seize this moment – turning evidence, innovation and lived experience into meaningful policy change, stronger services and better outcomes for everyone affected by dementia.

The event is being held at 155 Bishopsgate, London, EC2M 3YD There is a registration fee: Fees vary according to sector Registration closes 7th September 2026

For more information and to book - <https://www.alzheimers.org.uk/dementia-professionals/conferences-and-events/annual-conference>



Dementia Symptoms checklist

[alzheimers.org.uk/about-dementia/dementia-diagnosis/how-to-get-dementia-diagnosis/dementia-symptoms-checklist](https://www.alzheimers.org.uk/about-dementia/dementia-diagnosis/how-to-get-dementia-diagnosis/dementia-symptoms-checklist)

Getting a diagnosis starts for many people when they recognise symptoms of dementia.

We also have a Help sheet: **What are the signs and symptoms of dementia?**

<https://www.alzheimers.org.uk/get-support/publications-factsheets/helpsheets-about-dementia>



Free CPD accredited module Understanding dementia

Do you run or work in a home care service across West Yorkshire? Do you deliver face to face support and care to people living with dementia?

Alzheimer's Society has a limited number of the module to offer at no cost.

The 45-minute module is designed to help you learn about dementia, including different forms of the disease and how the brain is affected. It explores how dementia is diagnosed, risk factors for developing dementia and looks at attitudes towards the condition.

It also examines how the symptoms of dementia can affect day-to-day life and looks at the impact the condition has on an individual and people around them.

Visiting Angels Leeds & Wakefield home care service (www.visiting-angels.co.uk/leeds-wakefield) are one of the services taking up this opportunity.

“We’re always keen to provide additional learning opportunities for our carers, particularly around dementia support. The fact that this course is CPD accredited and focuses on practical understanding of dementia would be really beneficial for our team”

Julia Goss Head of Growth & Learning Visiting Angels: Leeds and Wakefield Home Care Service

Let's Talk Dementia: Transforming communities and saving lives. Kam's corner plans to work with Huddersfield's African and Caribbean communities

Kam's Corner is a local social enterprise is working with our partners (Locorum and Oasis Care Support Services), to Understand how Dementia is affecting Huddersfield's African and Caribbean Communities

We know that Dementia is a growing health concern across the UK, but within Huddersfield's African and Caribbean communities, the conversation around memory loss, ageing, and brain health often carries unique cultural layers. Opening up this conversation is essential—not only to support those living with dementia, but also to empower families, carers, and the wider community with knowledge and confidence.

Dementia is a Community Issue

Kam's Corner understands that Dementia affects people of all backgrounds, yet the national research shows that African and Caribbean communities may face higher risks of certain types, such as vascular dementia, due to higher rates of conditions like hypertension and diabetes.

Despite this, diagnosis rates of African Caribbean remain lower or unknown in Huddersfield/Kirklees, often because symptoms are misunderstood or attributed to “just getting older.”

In Huddersfield, many African Caribbean families quietly shoulder the responsibility of care, sometimes without knowing where to turn for support.

There are Cultural expectations around family caregiving making it harder to seek help, and stigma can discourage open conversations.

Why Our Early Recognition Matters

Following the consultation with Huddersfield African Caribbean communities. Many African Caribbean families now recognise the early signs of dementia—such as memory loss, confusion, or changes in behaviour—can make a significant difference.

In particular, early diagnosis opens the door to:

1. Accessing treatment and support services
2. Planning for the future
3. Reducing stress for both the individual and their family
4. Connecting with community groups and dementia-friendly activities



Also, Kam's Corner, are developing plans to work with Huddersfield's organisations to make them dementia friendly and more culturally aware and accessible. We realise that awareness begins at home, within churches, community centres, and conversations between friends.

Breaking Stigma Through Community Strength

Kam's Corner realises that stigma remains one of the biggest barriers. In some African and Caribbean households. Likewise, dementia may be misunderstood as a sign of weakness, or something to be hidden.

Changing and improving our awareness requires compassion and culturally sensitive education.

Our plans —include securing funding to host workshops, offering safe spaces to talk, and encouraging families to seek help early. These efforts are helping to reshape how dementia is understood and discussed.

By discussing dementia at community events, we aim to help families feel supported rather than isolated.

Our Call to Action

Dementia is not just a medical issue—it's a community one.

- Every conversation helps.
- Every shared story reduces stigma.
- Every informed family becomes better equipped to support their loved ones.

Kam's corner plans to work with Huddersfield's African and Caribbean communities, helping many to take one small step at a time, to:

1. Learn the early signs of dementia
2. Talk openly with family members
3. Encourage loved ones to seek medical advice
4. Connect with local support groups
5. Share information within community spaces

"Together, we can build a more informed, compassionate, and dementia-friendly Huddersfield/Kirklees"
Phil

To support this project or get more information contact philjames121@gmail.com

Lewy Body Dementia

Dementia with Lewy bodies (DLB) is a type of dementia caused by Lewy bodies, which are clumps of protein in the cells of the brain.

Lewy bodies cause a range of symptoms, some of which are shared by Alzheimer's disease and some by Parkinson's disease. For this reason, DLB is often wrongly diagnosed. About 1 in 10 people with dementia has DLB.

You can watch this short video about dementia with Lewy bodies:

<https://www.youtube.com/watch?v=hhE2dyeHP54>

Around 5% of people with a diagnosis of dementia are recorded as having DLB, but there is good evidence that the condition is under-diagnosed. Scientists think DLB may account for up to 20% of all dementia. DLB affects men and women roughly equally. As with most other types of dementia, DLB becomes increasingly common over the age of 65. It can also affect people younger than this.

For more information, please visit

<https://www.alzheimers.org.uk/about-dementia/types-dementia/dementia-with-lewy-bodies>

<https://www.lewybody.org/>

Like the BBC music memories etc.

Using music for reminiscence

This website is designed to use music to help people reconnect with their most powerful memories. Evidence shows that music can help people - including those living with dementia - to feel and live better. Create a playlist and then export it to Spotify to listen to your tracks in full, or sit back and listen to a Memory Radio show...

<https://musicmemories.bbcrewind.co.uk/home>

You can find and enjoy re-listening to short extracts from several categories of sound recordings including

- Classical Music where over 20 composers are listed
- Popular Music sorted in decades from 1920's into 2000's'
- Theme tunes from many BBC TV programmes.
- International music including from Pakistan Attaullah Khan singing Qameez Tendi Kaali



Lasting Power of attorney

A Lasting power of attorney (LPA) is a legal tool that lets you choose someone you trust to make decisions for you. LPAs can make things easier for you and the people you are close to as your dementia progresses. When you have dementia, it's likely you will reach a point where you will struggle to make some decisions for yourself. This is known as lacking 'mental capacity' to make those decisions. When this happens, someone else will need to make those decisions for you. Often this will be a carer or family member.

A Lasting power of attorney (LPA) lets you choose someone (or several people) you trust to make decisions for you when you'll need them to. This person is referred to as your 'attorney', and you can choose what decisions they can make for you.

It is a good idea to start thinking about making an LPA as soon as you can, while you have 'mental capacity' and understand what an LPA is and how it works.

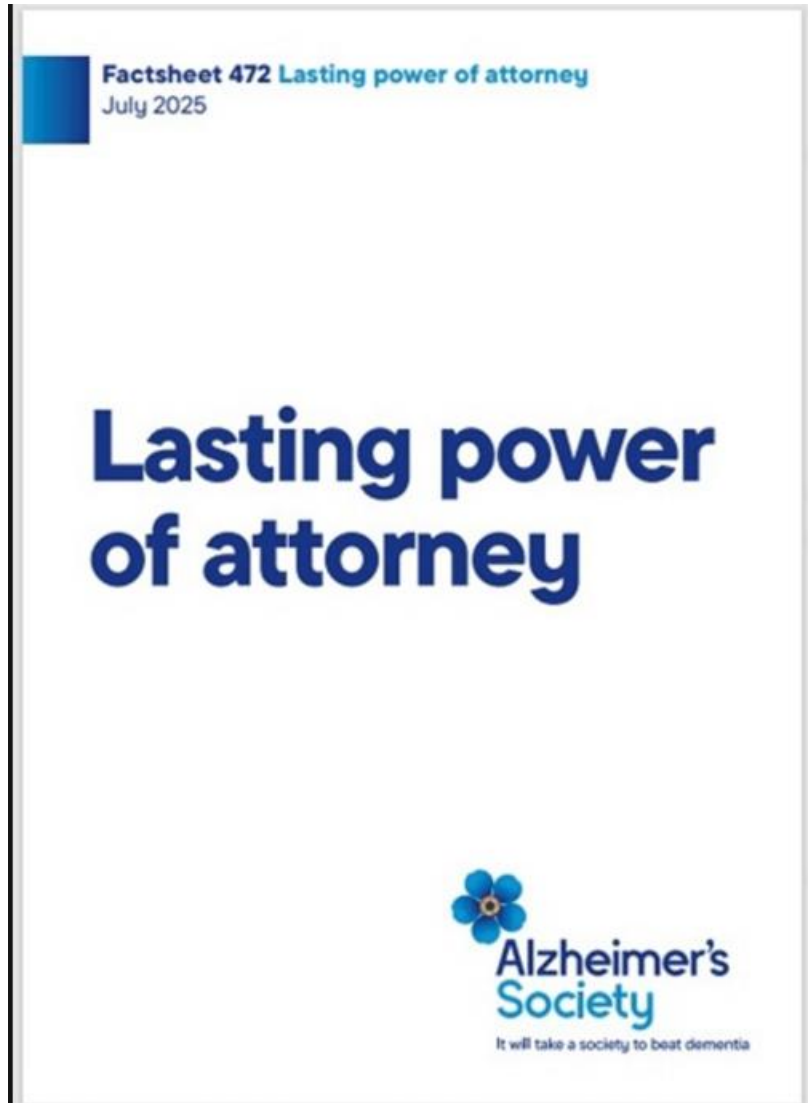
22nd April is Lasting Power of Attorney Day and there is a website linked to that day

<https://www.powerofattorneyday.org.uk/>

For information from Alzheimer's Society about lasting Power of Attorney use

<https://www.alzheimers.org.uk/get-support/legal-financial/lasting-power-attorney>

Please phone **0333 150 3456** to refer yourself to our Digital Assistance for Lasting Power of Attorney service.



ਮੈ ਤੇ ਮੇਰਾ ਸਾਥੀ dementia (Punjabi) A poem about the personal experience of dementia

Our last edition showcased the poetry of Stuart from Wakefield who shared one of his excellent poems.

Harjit Singh Sagu from Leeds has written this poem in Punjabi. His daughter Vicki has provided me with an English translation.

ਮੈ ਤੇ ਮੇਰਾ ਸਾਥੀ dementia (Punjabi)	Me and my companion dementia Translated by Vicki Dhanja (English)
ਦੇ ਰਾਹੀ, ਸਾਡੀ ਇੱਕ ਮੰਜ਼ਲ, ਤੁਰਦੇ ਕੱਲੇ ਕੱਲੇ, ਸਫਰ ਹੈ ਸਾਡਾ ਲੰਮਾ, ਰਸਤਾ ਪਹਾੜਾ ਅਵਲੇ, ਇਕ ਦਿਨ ਬਿਨਾ ਦੱਸੇ, ਆਈ ਇਕ ਹਨੇਰੀ, ਪੱਤੇ ਉੜਦੇ ਉੜਦੇ ਆਏ, ਸਾਡੇ ਘਨੇਰੀ, ਮਿਲੇ ਅਸੀਂ ਹਨੇਰੀ ਵਿੱਚ, ਪਰ ਨਾ ਇਕ, ਦੂਸਰੇ ਨੂੰ ਮਿਹਸੂਸ ਕਰ ਸਕੇ, ਪੁਛਿਆ ਮੈਂ ਤੂੰ ਕੌਨ ਹੈ? ਉਹ ਕਿਹੰਦਾ ਮੈ ਤੇਰੇ ਵਰਗਾ ਹੀ ਹਾਂ, ਪਰ ਤੂੰ ਮੈਨੂੰ ਫੜ ਨਹੀਂ ਸਕਦਾ, ਮਿਹਸੂਸ ਕਰਨਾ ਹੈ ਤਾਂ ਮੈਨੂੰ ਸਜਜ ਲੈ ਤੂਫਾਨ ਦਿਨੋ ਦਿਨ ਵਧਦਾ ਗਿਆ, ਅਜੇ ਸਾਨੂੰ ਸਾਡੀ ਮੰਜ਼ਲ ਦਾ ਨਹੀਂ ਪਤਾ ਲੱਗੇ, ਵੱਖ ਵੱਖ ਸੀ ਅੱਸੀ ਕਮਜ਼ੋਰ ਪਰ ਜੱਦੇ ਹੋਏ ਇਕੱਠੇ, ਬਨੇ ਇੱਕ ਦੂਸਰੇ ਦਾ ਸਹਾਰਾ, ਜੇ ਤੂਫਾਨ ਨੂੰ ਰੋਕ ਸੱਕੇ, ਦਿਸਣ ਲੱਗ ਪਈ ਚੰਮਕਦੀ ਇੱਕ ਰੌਸ਼ਨੀ, ਨਾਮ ਰੌਸ਼ਨੀ ਦਾ Touchstone, ਚੱਲੇ ਗਈ ਹਨੇਰੀ, ਜਿਵੇਂ ਇੱਕ ਪਹੇਲੀ, ਮਿੱਲੇ ਕਿਨੇ ਹੋਰ ਰਾਹੀ ਜੋ ਸੀ ਸਾਡੇ ਸਫਰ ਦੀ ਗਵਾਹੀ, ਹੱਸਦੇ ਖੇਡਦੇ ਬਣਿਆਂ ਪੱਕਿਆਂ ਯਾਰੀਆਂ, ਕੱਦੇ ਜਾਂਦੇ bowling, ਕੱਦੇ ਕਰਦੇ ਖੁਮਾਰੀਆਂ, ਰੌਸ਼ਨੀ ਨੇ ਮਿਲਾਇਆ ਮੇਰੇ ਪੁਰਾਣੇ ਦਿਲਚਸਪ ਸਾਥੀ ਨਾਲ, ਜਿਸ ਦੇ ਸਹਾਰੇ ਮੈ ਪੜਾਂ ਕਵਿੱਤਾ, ਕਦੇ ਇਕੱਲੇ, ਕਦੇ ਸਾਰਿਆਂ ਨਾਲ ਹਜ਼ਾਰਾਂ ਰਾਹੀ, ਸਾਡੀ ਇੱਕ ਮੰਜ਼ਲ, ਲਗਦੇ ਸੀ ਇਕੱਲੇ- ਇਕੱਲੇ, ਪਰ ਹੁਣ ਹੈ ਹਮੇਸ਼ਾ ਇਕੱਠੇ ਚੱਲਦੇ- ਚੱਲਦੇ,	Two passengers, our destination the same, Both walking alone, The journey ahead destined to be long One day, without warning, came darkness, Bringing with it unfathomable winds We met in darkness, Oblivious of each other, I asked who are you, He said, I am a part of you, If you want to feel me, Then you must understand me The storm intensified day by day, Our final destination unknown When apart, we were weak, When together, we became one force Triumphantly overcoming every storm A shining light, came to sight, Touchstone, name of the light, Darkness faded away, as if a dream So many souls, witness to my journey Laughing together, we became the best of friends, Sometimes, going bowling, Sometimes, creating memories, Sometimes, sharing our deepest memories The light reunited me with my old companion, My passion,

ਜੀਤ ਰੁੜਕੀਆ ਦੀ ਹਮੇਸ਼ਾ ਇਹੀ ਅਰਦਾਸ,
ਕਦੇ ਨਾ ਭੁਲੀਐ ਇਹ ਅਹਿਸਾਸ

My poetry,
Sometimes, I read alone,
Sometimes, with all

Thousands of travellers,
Our destination the same
Once who were alone,
Now stand united

Jeet Rurkiya, has one prayer,
Please, don't let this feeling, fade away.

Do we have any poets in Bradford, Calderdale or Kirklees?

Keighley Dementia Advice

Keighley Dementia Advice service officially launched on 7 January at Keighley Library. A wide range of professional partners, community organisations, local businesses and individuals affected by dementia attended the event.

The launch event marked an important milestone for the service, which aims to provide accessible, local advice and support for people living with dementia, their families and carers. Attendees had the opportunity to learn more about the service, make connections, and discuss the growing need for dementia-friendly support across the Keighley area.

Keighley Dementia Advice looks forward to building strong partnerships and continuing to develop its service to meet local need.

Keighley Dementia Advice is available for bookable support and advice appointments every Wednesday at Keighley Library between 11am and 2pm.

(see page 16 for contact details)



Young Onset Dementia Group Living Potential Care Farming CIC in Leeds

After a successful pilot Living Potential have started a weekly supported therapeutic gardening and animal care group for people living with/awaiting a diagnosis of young onset dementia at their beautiful Community Gardens, on a working farm near Wetherby.

The purposeful work promotes wellbeing for people living with young onset dementia through physical activity and teamwork. People do need to have moderate or good mobility, so they are able to safely navigate some uneven ground within the community gardens.

They cannot take people with personal care needs

For further information contact Sarah Service Development Manager on sarah@livingpotentialcarefarming.org.uk or phone 07521219254



Free needlework project

Do you help to care for or support someone who has dementia and who is living at home? You are invited to join a new, national, free needlework project.

No experience necessary. To apply for your free kit and to find out more,

Email: fragile.threads@royal-needlework.org.uk

Write to: Fragile Threads Project, Apartment 12a, Hampton Court Palace, Surrey, KT8 9AU, giving your name and address.

NHS Key highlights from the January 2026 data about dementia

510,165 patients had a recorded diagnosis of dementia on 31 January 2026, a decrease of 2,301 patients since 31 December 2025.

66.1% of patients aged 65 or over who are estimated to have dementia, had a recorded diagnosis of dementia on 31 January 2026, a decrease from 66.3% on 31 December 2025. 34,524 (6.8%) of those with a recorded diagnosis of dementia on 31 January 2026 received their diagnosis before the age of 65.

348,685 (68.3%) of those with a recorded diagnosis of dementia on 31 January 2026 received a care plan or care plan review in the preceding 12 months.

244,692 (48.0%) of those with a recorded diagnosis of dementia on 31 January 2026, who had received a dementia care plan or care plan review in the preceding 12 months have received a medication review since 1 April 2025.

<https://digital.nhs.uk/data-and-information/publications/statistical/primary-care-dementia-data/january-2026>



Alzheimer's Society West Yorkshire Face to Face Support

Leeds Memory Support Workers can be contacted via our duty phone on 0113 231 1727 or by email memorysupport.lypft@nhs.net

Wakefield Dementia Advisers can be contacted via our duty line on 01924 373264 or by email Wakefield@alzheimers.org.uk They offer telephone support and home visits

Our Wakefield Team also run Singing for the Brain groups, a Carer Group and a Voice Group for people living with dementia once a month. Please contact wakefield@alzheimers.org.uk



Alzheimer's Society Dementia Support Line



This is available for people across West Yorkshire: 0333 150 3456

Our dementia advisers on the Dementia Support Line are available to help you to tackle problems, share advice and practical information, or simply provide a listening ear. They can send out information that's right for you via email or post and connect you to help in your local area.

Monday to Wednesday: 9am – 8pm

Thursday and Friday: 9am – 5pm

Saturday and Sunday: 10am – 4pm

If you are supporting people who use a language other than English, please ask them to ring the support line and say the English word for their preferred language and they will be phoned back by a person using that language.

The website [alzheimers.org.uk](https://www.alzheimers.org.uk) has a range of factsheets, blogs, access to our Dementia Support Forum - our online community - and much more.



The Dementia Support Line is also the point of contact for our Digital Assistance for Lasting Power of Attorney and Continuing Healthcare Appeals

Non-Alzheimer's Society Support Services offering face to face Information and Advice

Bradford Dementia Hub – 14-16 Rawson Place, Bradford BD1 3QQ

- Telephone for support or arrange a home visit 01274 065060 Mon Tues Thurs and Friday 9-5. Wednesday 9-7pm.
- Hub open for visits etc 10-2.30pm Tues, Weds and Thurs and 1st Saturday of month 10-12.30,

Calderdale Dementia Hub

- Every Tuesday 10am-3pm face to face. No appointment is necessary but if you prefer to make an appointment please ring on 01422 399 833.
- Telephone Support Monday to Thursday 9am – 5pm and Friday until 4.30pm

Ilkley Good Neighbours

- Tuesdays 11.30am – 1pm drop in for information and support Wright Room, Clarke Foley Centre, Cunliffe Road, Ilkley
- Dementia Adviser, Charlotte Allen can be contacted by phone on 07852 206764

Ilkley Well-being Café

- The first and third Tuesdays of every month 1.30pm – 3.30pm.
- Please note - make prior contact Helen Bowman by phone on 07592 307263 as places are limited.
- <https://goodneighboursilkley.org.uk/ilkley-and-district-dementia-hub>

Dementia Friendly Keighley

- Information and support centre Monday to Friday 10am – 3pm
- Airedale Shopping Centre, Keighley, BD21 3PH
- 01535 602529 <https://dementiafriendlykeighley.org.uk/>

Keighley Dementia Advice Community Group

- Bookable support and advice appointments every Wednesday at Keighley Library between 11am and 2pm
- Mobile: 07961 537888
- Email: keighleydementiaadvice@gmail.com

Kirklees Dementia Hub

- First Tuesday of the month 10am – 1pm Almondbury Library Farfield Road Almondbury HD5 8TD
- Every Thursday 10am till 3.30pm Centre of Excellence, Knowl Park House, Crowlees Road, Mirfield WR14 9PP

- To make a self-referral for telephone support or to arrange a home visit please contact us on 01484 503 908 or email kdh@inspirenorth.co.uk

Young Onset Support Peer support based in Bradford

- Pathways email pathwaysdementia@gmail.com or 07917 751478.

Other national support lines

Age UK's Advice Line: 0800 678 1602 Open 8am-7pm, 365 days a year.

Silver Line free confidential helpline providing information, friendship, and advice to older people 24-hour helpline 0800 4 70 80 90 Open 24 hours a day, every day of the year

Young Dementia Network

- Website www.youngdementianetwork.org

The Lewy Body Society

- The Lewy Body Society in UK
Website www.lewybody.org

Samaritans

- In moments of crisis or despair, remember that Samaritans are available 24/7 and you can call any time, day or night if you need to talk.
Phone 116 123

SANEline

- Helpline regarding Mental Health that operates in the evenings for anyone feeling overwhelmed.
Phone 0300 304 7000

Carers UK

- This website contains helpful information on carers' rights and benefits and looking after your wellbeing.
Website www.carersuk.org
Phone 0808 808 7777

Carers Direct

- Practical tips on caring for yourself and others.
Phone 0300 123 1053

Join Dementia Research

What happens when you register?

Join Dementia Research, connects volunteers to dementia research opportunities. It is a partnership between Alzheimer Scotland, Alzheimer's Research UK and Alzheimer's Society, Join Dementia Research – which began in 2015 – has helped 110,000 volunteers take part in dementia research and supported researchers to recruit participants to over 770 studies searching for ways of improving treatment and care



When you sign up to Join Dementia Research, the information you provide is used to match you to studies you may be able to take part in, both online, nationally and in your local area. The service connects registered volunteers with dementia researchers across the UK who are looking for people to join their studies.

You can review your study matches once you register and then it's your decision whether to take part.

Taking part means you will make a real difference to the future of dementia care, diagnosis and treatment.

Use the link to register your interest www.joindementiaresearch.nihr.ac.uk

Useful links and contacts

Name	Where to find it
Website	www.alzheimers.org.uk
Dementia Support Forum	https://forum.alzheimers.org.uk/ - log in for online support
Dementia Support Line	0333 150 3456
Dementia Directory	www.alzheimers.org.uk/find-support-near-you/dementia-directory
Dementia Friends	www.dementiafriends.org.uk - register to find local Dementia Friends sessions
Dementia Guide, publications or factsheets	www.alzheimers.org.uk/get-support/publications-factsheets/the-dementia-guide
Fundraising activities	www.alzheimers.org.uk/get-involved/events-and-fundraising
Fundraising and general enquiries	0330 333 0804
Dementia Together magazine	www.alzheimers.org.uk/get-support/publications-and-factsheets/dementia-together
Alzheimer's Society online shop	Alzheimer's Society Shop – Helpful products for dementia & gifts. (alzheimers.org.uk)
Volunteering for Alzheimer's Society	Ways to volunteer Alzheimer's Society (alzheimers.org.uk)

Social media: On each of these social media channels you will find dementia-related news, information, advice and peer-to-peer support:

Facebook	@alzheimerssocietyuk
LinkedIn	@alzheimerssoc
Instagram	Instagram - @alzheimerssoc
X (former Twitter)	www.twitter.com @alzheimersso
TikTok	@alzheimerssoc