

For your community newsletter we have

3 issues a year

- Spring – to cover Feb, March & April
- Summer – to cover May – August
- Winter – to cover Sept – Jan

This ties into the school terms so the newsletter can cover activities happening for families during school holidays.

Submission deadlines 2025

- Spring – Monday 31th Jan – Newsletter goes out 17st Feb
- Summer – Monday 30th April – Newsletter goes out 14th May
- Winter – Monday 1st Sept– Newsletter goes out 15th Sept

If you'd like to submit anything for the newsletter, please email into theairedaler@gmail.com

Thank you 😊



Welcome to our 7th edition of The Airedaler – a community newsletter for Airedale, Ferry Fryston, Fryston & Townville.

We invite you to read on about your local community.

Our newsletter aims to offer you the latest news about community, education and health and wellbeing.

If you would like to get involved or feature in our community newsletter, please contact us via:

theairedaler@gmail.com



Young People

Volunteer, Gain Experience and Earn Rewards!

Citizen Coin – The Home of Volunteering in Wakefield District.

Want to boost your confidence, make a difference, meet new people, or improve your job prospects? Citizen Coin is Wakefield's exciting new platform that connects you to lots of volunteering opportunities.

Volunteer, develop valuable skills, and earn digital coins that give you discounts at local shops and businesses!

How It Works (It's Easy!)

- 1. Sign Up:** Join through the website or app. Visit www.citizencoin.uk or download the app to create an account get started.
- 2. Search:** Find volunteering activities you're interested in. If you already volunteer, check that your organisation is signed up.
- 3. Earn Coins:** Volunteer for activities like helping at local charities, supporting groups, tree planting, litter picking, and more!
- 4. Redeem Coins:** Use your coins for discounts at local businesses, including free swims, café deals, and lots of retailer offers.
- 5. Build Your Social CV:** Citizen Coin automatically creates a CV to show off your volunteering achievements—great for college/job applications or career progression!

Why Volunteering is Great!

- **Improves Well-being:** Volunteering keeps you active, boosts mental health, reduces stress, and increases happiness.
- **Builds New Skills:** Learn leadership, teamwork, and problem-solving skills.
- **Expands Your Network:** Meet new people and build lasting relationships.
- **Creates a Positive Impact:** Make a real difference in your community.
- **Boosts Career Opportunities:** Volunteering looks great to employers and can help you stand out.

Find out more at www.citizencoin.uk

Join Citizen Coin and
earn rewards here for the
great things that you do!

www.citizencoin.uk

For more information, please email
citizencoin@wakefield.gov.uk



scan
this code
to sign up



Young People



Friends of The Hut have managed to secure national lottery funding in November to provide a sports coach to be based at The Hut Monday-Friday 5pm-8pm. This project is named Airedale Project. Those sessions are now taking place until end of October 2025 and are **TERM TIME ONLY**. Booking necessary via Elite kids coaching website - <https://elitekidscoaching.com/pages/community-camps>



Additionally The Hut has an extra sports coach 2 nights a week 5pm-8pm (Monday and Wednesday's) from Sports England to do a separate session alongside around keeping active and healthy lifestyles. This session is called Active Airedale and takes place **TERM TIME ONLY** and are running until December 2025. Booking necessary via Elite kids coaching website - <https://elitekidscoaching.com/pages/community-camps>

Spring 2025

Young People

Friday Night Football *Five Towns*

Airedale Football 5ives

The Hut
WF10 3ES
6-8pm

Free Turn Up & Play Football for 11-18 Year Olds!



CRT GAME ON

Are you bored? Looking for something to do now that the nights are lighter? ☺

If you are aged between 11-18 years old why not come along to The Hut, Kershaw Avenue, Airedale, Castleford WF10 3ES on Friday evenings and play Football 5ives.

Starts 6pm till 8pm.

It's free! Just come along and play 🖐

 **SURGE BOXFIT**

SURGE BOXFIT

•BOXFIT CLASSES•

CLASSES
£7 per class
Class package £39 for 6
(use within 2months)

THURSDAY 6PM

THE GLASSHOUGHTON CENTRE CASTLEFORD



FUN, FAST & FITNESS

Stress reduction | Improve Flexibility | Burn fat
Builds self-confidence | Increase your coordination
Classes run by a Qualified England boxing coach/ Level 3 PT
age 13 upwards

FOR MORE INFO CALL VICKY 07825432353

FACEBOOK Surgeboxfit

INSTAGRAM Surgeboxfit

Spring 2025

Young People



**COMBAT KICKBOXING EVERY
TUESDAY 6PM THE HUT**
□ SELF DEFENCE
□ HEALTH & FITNESS
□ SELF ESTEEM
□ PAY AS YOU TRAIN

**CALL STEVE ON 07872 441257
TO BOOK A FREE TRIAL**

WWW.LMACOMBATKICKBOXING.COM

Airedale, Ferry Fryston, Fryston and
Townville Neighbourhood Management
presents -

SUMMER FUNDAY

Wednesday 6th August
11am-3pm

GREEN PARK, AIREDALE

FREE ENTRY

JOIN US FOR LOTS OF FUN!

- bouncy castle •
- fairground rides •
- face painting •
- free activities •
- entertainment •
- market stalls •
- yummy food •
- and much more!



For more information contact
Mike Dixon - 07956036437

Community

Tieve Time

Most Saturdays, 10.30am - 1.00pm

Health and Wellbeing Awareness

Keep your eyes peeled for the programme of events

Meet people who work in Airedale who can help you

These are informal get-togethers to chat and
enjoy a cuppa



Tieve Tara Medical Centre
Park Dale, Airedale, Castleford WF10 2QP



TIEVE TARA

TIEVE TARA



Dr. Richard Sloan

Tieve Tara was the name of a private house and semi-detached General Practice surgery in Airedale, Castleford, West Yorkshire. It has been occupied by the author's family almost continuously since 1923. He and his parents were GPs and worked and lived there. His wife was the practice manager. The book is the history of that building. It describes how the building evolved into the Tieve Tara Medical Centre, semi-detached from the renamed private Hill House. It is about loyalty, teamwork, class, friendship, laughter and life behind the scenes of medical work over nearly 100 years.



Dr. Richard Sloan

Local author Richard Sloan presents his book on Tieve Tara, his family's medical practice, and explores the history of this building and its impact on Airedale. The book is available for checkout at Airedale Library and can be purchased from Amazon and other outlets, with a Kindle edition also available.

All profits from the book will be donated to two deserving charities: Children of Peace and the Catholic Agency for Overseas Development.



Community

NEIGHBOURHOOD POLICING TEAMS



Free Community Café @ The Hut, Kershaw Avenue

10am and 12pm

| | | |
|----------------------------|--------------------------|---------------------------|
| 17 th January | 7 th February | 28 th February |
| 21 st March | 11 th April | 2 nd May |
| 23 rd May | 13 th June | 4 th July |
| 25 th July | 15 th August | 5 th September |
| 26 th September | 17 th October | 7 th November |
| 28 th November | 9 th December | |

Pop in for a cuppa and cake...everyone is welcome!



A community café offering drinks/cake/biscuits at no charge. There will be a chance to speak with local partner agencies about anything you might need help with. If we can't help on the day, we can refer you to the right place.

Contact Point @ Airedale Library

Wednesdays

5.30 – 6.30pm

22nd January 2025
12th February 2025
5th March 2025
26th March 2025
7th May 2025
28th May 2025
18th June 2025

Saturdays

10 – 11am

18th January 2025
8th February 2025
1st March 2025
22nd March 2025
3rd May 2025
24th May 2025
14th June 2025



Friends
of The Hut



Community

NEIGHBOURHOOD POLICING TEAMS



Contact Point @ The Hut

Fridays 5 – 6pm

| | |
|--------------------------------|----------------------------|
| 10 th January 2025 | 19 th July |
| 31 st January 2025 | 9 th August |
| 21 st February 2025 | 30 th August |
| 14 th March 2025 | 20 th September |
| 4 th April 2025 | 11 th October |
| 25 th April 2025 | 1 st November |
| 16 th May 2025 | 22 nd November |
| 6 th June 2025 | 13 th December |
| 27 th June 2025 | |

Money Smart

A free Council service to help you become smarter at managing your money and make the most of your income.

Why not get in touch with us to find out how we can help with...

- Maximising your income
- Budgeting
- Managing your debt
- Dealing with mortgage arrears
- Reducing energy costs and debt
- Getting in a position where you can start saving
- Accessing adult education, training and developing job skills

...and more!

We are open to all residents across the Wakefield district and all advice is free and impartial!

www.wakefield.gov.uk/moneysmart

01924 305892

moneysmart@wakefield.gov.uk



Local Funding



Airedale Healthy & Sustainable Communities Fund

Seeking Support as a Local Group or Charity?
We are offering up to £1000 in funding to help you make a difference in Airedale.

Why Apply?

- **Simple Application Process:** No lengthy forms!
- **Minimal Monitoring:** We trust you to use the funds wisely.
- **Flexible Timing:** Apply whenever you're ready.

Requirements:

- Your organization must have a bank account.
- Provide a brief plan on how you'll use the funding.



Ready to make an impact?

Email Spectrumpeople@spectrum-cic.nhs.uk for your application form today!

Ferry Fryston Community Hub are now part of the Good Things Foundation National Databank, we can offer free SIM cards to adults who cannot afford to access the internet. Residents will normally receive data for up to 6 months

To be eligible to receive data from the National Databank, you must:

Be 18+ years old

And being from a low-income household

And qualify in one or several of the following statements:

Has no access or insufficient access to the internet at home

AND/OR has no or insufficient access to the internet when away from the home

AND/OR cannot afford their existing monthly contract or top-up

Claiming a means-tested benefit, Pension Credit, Universal Credit etc. (proof required)

Only one SIM per household

SIMs will be distributed from

Ferry Fryston Community Hub

3 Fairfield Close, Ferry Fryston Castleford WF10 2PD

Mondays 1pm - 3pm

Fridays 4.15pm - 6-15pm

Free Vodafone simcards

6 months free calls, texts and data for eligible customers



Airedale Neighbourhood Management Board

The Board is a volunteer community group run by the community for the community. It has been running in our area for nearly 16yrs and has been instrumental in bringing many services to our area.

We work with Health Authorities, Coalfield Regeneration trust, Spectrum People Local Schools, Local Doctors Surgeries, Yorkshire Sport, West Yorkshire Police, Methodist Homes for the Aged. and many other community groups in our area.

We are really pleased to work alongside our three Local Councillors Wakefield District Council and Wakefield District Housing.

The Board is made up 8 Community members and up to 21 associate members from the groups and agencies that we work with.

Over the years we have spearheaded many initiatives in our area that have brought much needed facilities and avenues of help to our community and its residents.

Each year we organise our Annual Funday on the Green Park and the Annual Christmas Lights switch on at the Airedale library.

Alongside this we have the lease on the Airedale Library Café which we use for networking events, space where other groups and agencies can use for community activities and workshops. We also run the Airedale Foodbank where we provide food and household goods by referrals to people of the Airedale area.



Airedale Methodist Church

Airedale Methodist Church is situated on the corner of Elizabeth Drive and Fryston Road. It has been a worshipping community church for 101 years and has always provided space for activities that can be used by the community. Our worshipping space is open every Sunday morning for worship at 10-30am and all are welcome.

We also have a spring, Summer and Christmas Fayre each year along with many activities throughout the year.

We as a church run the following activities for the community.

Monday

- Boys Brigade: at 6pm for ages 4yrs to 18yrs.
- Tai chi: at 10:30am.
- Lunch club: 12 Noon

Tuesday

- Girls Brigade: at 6pm aimed at ages 4yrs to 18yrs.
- Young at heart Exercise Group at 1-30pm.

Wednesday

- I dance Academy at 5pm.
- Lunch club: 12 Noon

Thursday

- Choir at 7pm.

Friday

- Slimming World at 6-45 am.



Spring 2025

Airedale Library: What's on?



Mondays

- Rhyme Time (9:30-10am)- stories and songs for under 5s and their grown ups
- Book club (first Monday of the month at 10:30am-12pm)- meet with our friendly group to discuss great books

Tuesdays

- Sewing Bee (10:30am-12:30pm)- our sewing group, with some machines provided. Please note it is not meeting during the summer holidays and will return on a yet to be decided date in September
- Coffee Morning 10:30-12

Wednesdays

- Rhyme Time (9:30-10am)- stories and songs for under 5s and their grown ups
- Knit and Natter (11am-1pm)- Bring along you latest knitting or crochet projects and have a natter with friends

Friday

- Diamond Art Club (10am-1pm)- create beautiful art and make great friends

Saturdays

- Lego Club (9:30am-12pm)- come and see what you can make and do with Lego
- Active Minds (10am-12pm)- Join us for non-competitive quizzes, puzzles and refreshments

MAN MATTERS

COFFEE MORNING

Every Friday - excluding Bank Holidays.

Room 5,
Airedale Library,
The Airedale Centre,
Castleford,
WF10 3JJ

10:00 - 12:00

CALL US: 01924 787507
If it is your first time attending, please call our line beforehand.

COMMUNITY FUND
Thanks to all the National Lottery Players!

GASPED

NHS
NHS West Yorkshire
Integrated Care Board

Charity: 1072174
Company Registration: 03580792

MOBILE POLICE MUSEUM

A 60 minute interactive talk about 120 years of UK Policing by David Hardcastle. An opportunity to see, touch, try on VINTAGE & CURRENT police equipment and uniforms.

APRIL 23rd @ 1.00pm

Airedale Library,
The Square, Airedale
WF10 3JJ

Adults

Morning Meet Up

Looking to start your day with a friendly chat?

When? Every other Wednesday 9.45 - 11.45am

Where? Tieve Tara Medical Centre, Park Dale, Airedale, WF10 2QP

Sessions are flexible, welcoming and supportive, with the opportunity to be creative and explore the local area. The kettle is always on!

For more information contact Della on 07542 028297 or Helen on 07543 315343



COFFEE AFTERNOON

Every Wednesday.

All who:

- Identify as male
- Are aged 18 and over
- Live in the Wakefield District

Are welcome to join us.

Ferrybridge Community Centre,

**The Square,
Ferrybridge,
Knottingley,
WF11 8PQ**

13:00 - 15:00



CALL US: 01924 787507

If it is your first time attending, please call our line beforehand.



Charity: 1072174

Company Registration: 03580792

WELLBEING CAFE



"COME AND JOIN US AT QUEENS MILL, CASTLEFORD"

4th Tuesday of every month

10.30am-12.30pm

Join us at Queen's Mill for a relaxed cuppa and a chat and meet our Health and Wellbeing Team



For more information contact:
Helen
Health and Wellbeing Coach
07543 315343

Queens Mill, Aire Street
Castleford, WF10 1JL

Connecting people and improving the health and wellbeing of our community

Moving More

Our bodies are built to move. The more we move, the better our mental and physical health and wellbeing.

There are huge benefits to getting in your 10'000 steps a day and a lot that you might not have realised.

It helps with cardiovascular health, joint mobility, reduces pain, helps to regulate blood sugars and hormones, supports your immune system, maintains strong bones and muscle which makes us less prone to injury and is an important part of weight management.

The more you can get up and move throughout the day the better. At Coalfields Regeneration Trust our health Coaches can help you start to implement more exercise into your daily routine.

To access the CRT Engage program, ask your GP to refer you or refer yourself by emailing the team on communitiesactive@coalfields-regen.org.uk



Health & Wellbeing Coaching

IN PARTNERSHIP WITH THE FIVE TOWNS PRIMARY CARE NETWORK

FREE to people living within the Five Towns area of Wakefield.



Lifestyle

- Tailored 1 to 1 support
- Healthy habit building
- Anxiety & chronic pain management
- Build confidence & motivation
- Free exercise sessions & social groups
- Befriending & signposting to other services

Nutrition

- Weight management
- Healthy eating and dietary guidance.
- Manage conditions such as diabetes & cholesterol
- Improve Nutritional Knowledge

Walking Cricket Five Towns

Airedale Walking Cricket
The Hut Kershaw Ave
Castleford WF10 3ES
Thursday Mornings
10am-12pm

Free Turn Up & Play Walking Cricket Session!



CRT GAME ON



communitiesactive@coalfields-regen.org.uk





EASTER RAFFLE
 Draw 11th April
 Tickets £1.00

- 1st Prize Easter Themed Hamper
- 2nd Prize £25.00 Voucher
- 3rd Prize £10.00 Voucher
- 4th Prize Large Easter Egg
- 5th Prize Easter Egg
- Lots of Prizes to be won

Mha Communities Wakefield
 Thornycroft Centre
 Halfpenny Lane
 01977 695006

For further details contact the Office on 01977 695006
 MHA Communities part of Methodist Homes for the Aged Registered as a Charity - No.1083995. Company Limited by Guarantee - No.4043124



Free Membership

Fun, Food & Laughter

Join our activity group with bingo, games and a two course meal**.

10 am till 3 pm, every Wednesday

Lunch served : 12 noon

Airedale Library, WF10 3JJ, In the snack & chat cafe area

2 Courses = £6.50



Booking is required
 Contact Office
 01977 695006



for further information and Book your space

Spectrum

Step this way to the Lego Cafe

Tuesday's 1-3pm
@ Tieve Tara Surgery

16 Years and over



Your paragraph text sorted by



What's on Guide 2025

Monday

Appletree
Women's Group
10:30am - 12:30pm
Agbrigg Rd, WF1 5AE,
follow the
long drive opposite
newland st

Wednesday

I.T Support
Group
10.30 am - 12pm
Wakefield One Library,
Burton Street, Wakefield,
WF1 2EB

Arts & Crafts
Group
2:00 pm - 4:00 pm
Foundation Housing
WF1 1TX

What's new?

Appletree
Community
Garden
10am-4pm
Agbrigg Rd, WF1 5AE,
follow the long drive
opposite newland st

Tuesday

Community
Outreach Drop In
1:00 pm - 3:00 pm
Pontefract Library,
Shoemarket,
Pontefract,
WF8 1BD

Newsletter Group
4:00 pm - 5:00 pm
Online Via Teams

Creative
Writing Group

Coming Back Soon!

Appletree
Community
Garden
9:30am-4pm
Agbrigg Rd, WF1 5AE
follow the long drive
opposite newland st

Game On!
10am - 12pm
Airedale Library,
The Square,
Castleford
WF10 3JJ

Thursday

Newmillerdam
Walking Group
10:30 am - 12:30 pm
Meet In Main Car Park,
Newmillerdam Country
Park, WF2 6QP

Community
Outreach Drop In
4:00 pm - 6:00 pm
Salvation Army Centre,
4 Vicarage St. South,
WF1 1QX

Craft &
Chinwag
12:30pm - 2:30pm
Tieve Tara Medical Centre
Park Drive, Castleford
WF10 2QP

Cook & Eat
10 am - 12pm
Foundation Housing,
Trinity House, Trinity
Church Gate,
WF1 1TX

Friday

Community
Outreach Drop In
1pm - 3:00pm
Salvation Army, Booth
Street, Castleford,
WF10 1SA

Hope Peer
Support Group
11.30 am - 1.30pm
Foundation Housing
WF1 1TX

Appletree
Community
Garden
9:30am-4pm
Agbrigg Rd, WF1 5AE,
follow the long drive
opposite newland st

For further information contact Spectrum People on
spectrumpeople@spectrum-cic.nhs.uk

Support

STARTING MONDAY 27TH JANUARY 2025

SLIMMER'S SOCIETY

Are you fed up with fad diets?

Are you wanting to lose weight and share your journey
with like minded people?

Are you tired of paying for slimming clubs that aren't
working?

**Join us for our FREE weight loss group
led by a registered nutritionist.**

Mondays 4:30-6pm at the CRT Hub House,
26a Sloan Place, WF10 2QN

For more information contact the team on 07716202522 or
communities.active@coalfields-regen.org.uk



CRT ENGAGE



OPENING HOURS

MON 4PM-6 30PM

TUE 4PM-6.30PM

SAT 10AM-2PM

PLEASE NOTE: OUR STAFF ARE
VOLUNTEERS SO HOURS MAY BE SUBJECT
TO CHANGE AT SHORT NOTICE.

WE ASSIST FAMILIES WITH A VAST RANGE OF
PRE-LOVED BABY AND TODDLER ITEMS TOGETHER
WITH CLOTHING AND FOOTWEAR FROM BIRTH TO 16.

WE ALSO HAVE TOYS, BOOKS AND BEDDING



AIREDALE BABY AND CHILDREN'S BANK



AIREDALEBABYANDCHILDRENSBANK@GMAIL.COM

**AIREDALE BABY & CHILDRENS BANK,
Stansfield Road, Airedale, WF10 3BY**

Charity number 1202786

Support



Self Management Workshops

Open to anyone aged 18+, living in the Wakefield district, or registered with a Wakefield GP, and looking to improve their wellbeing

Workshops for 2025:

Coping with Pain

By learning practical tools and techniques together with others it could help you manage the impact of chronic pain, helping you to get more out of life and improve your wellbeing



Wednesday 19 March 2025, 10:00 - 11:00 AM



Managing Fatigue with Health Conditions

By learning practical tools and techniques together with others it could help you manage the way chronic fatigue makes you feel - helping you to feel more in control of your health and wellbeing

Tuesday 4 March 2025, 11:00 - 12:00 PM

Each workshop lasts for 1 hour, and you can take a break whenever you wish

Where do workshops take place, and what do I need to join?

All workshops take place online via the free Microsoft Teams app. You will need either a smartphone, computer or tablet, an email address, and an internet connection. We can support you to download and access Microsoft Teams

For more information please contact us: (Workshop dates are also available on our website)

livewellwakefield@swyt.nhs.uk 01924 255363 www.livewellwakefield.nhs.uk

Dementia Friendly Cafe



FREE
No booking required, just pop in

Join us to socialise and participate in activities and most importantly, have **FUN!**

1st Monday of every month

Excluding Bank Holidays

10am-12pm



For more information contact:
Paige: 07543 315168
paige.shelton@nhs.net
Queens Mill, Aire Street
Castleford, WF10 1JL

For anyone affected by dementia